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FRIENDS FOR LIFE

The shot of Jennifer Aniston And Courteney Cox holding hands at a Chanel charity dinner (see page 4) is everything! While Jen's ex Justin Theroux has been hobnobbing around Europe with a bevy of Hollywood beauties, she opted for a date night with her bestie in perfectly coordinated outfits. Showing yet again how a 'work wife" can become a lifestyle friend, former Friends stars Jen and Courteney have always been each other's shoulder to lean on. Even though the show ended way back in 2004, the stars are still remarkably close and

there's even talk of Jen being bridesmaid at Courteney's upcoming wedding. Now, excuse me while I set up that way overdue drink with my own best friend. Emma Nolan,



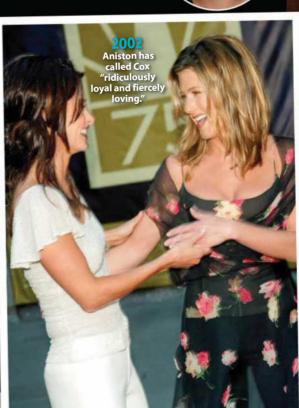




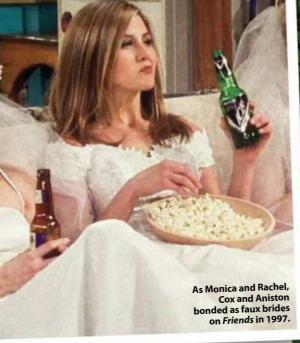
Aniston and Cox buddied up in

black at the SAG

Awards.







After lying low, the single actress shines at a glamorous gala, as news breaks about a big day in the works

t was a candlelit dinner at a star-studded benefit for a cause close to her heart, and Jennifer Aniston looked suitably stunning in an all-black outfit accessorised with a Chanel clutch. Beaming for the camera, the perennial California Girl sported a fresh hairstyle-blonder and shorter relaxed beach waves—and looked happier than she has in months, as she held hands with a special person at her side: her best friend of two decades, Courteney Cox, Aniston's date at the June 2 event in Malibu. Fourteen years after Friends ended, and four months after Aniston's split from Justin Theroux, the pair proved they're still there for each other. Cox is Aniston's "rock," a source told The Mirror. "Courteney and Jennifer are thick as thieves and they have got even closer in recent months.'

Like Aniston, 49, Cox wore high-waisted black pants and carried a Chanel clutch to the "Our Majestic Oceans" benefit dinner held by Chanel and the Natural Resources Defence Council, but it's more than style and caring hearts that bond the women. After supporting each other through years of heartbreak, divorce and new love, the besties are reportedly celebrating the latest milestone in their solid friendship, with Cox, 53, reportedly asking Aniston to be maid of honour at her upcoming wedding to Snow Patrol rocker Johnny McDaid. "Courteney wouldn't want to walk down the aisle without Jennifer by her side," added the source. "They have a very strong friendship."





when she announced her separation from Theroux after two-and-a-half years of marriage and seven years together. The star "loves socialising with her friends," a source told WHO. "Her friends invite "Jen has a very

her out and to parties. Jen has a very caring group of friends that take care of her."

vate home.

caring group of friends" In May, she had dinner with Cox and Ellen DeGeneres at upscale Los Angeles restaurant Craig's, and in March, she holidayed in Tahiti with Cox, Jimmy Kimmel and his wife, Molly McNearney. The following month, she attended the 1st birthday party the couple held for their son Billy, where she almost ran into her ex. The Leftovers star made his exit

than what it was. "Jen still enjoys [life] in Los Angeles, Justin has moved on with his life in New York."

The 46-year-old indeed appears to be

getting into the swing of the single life. Late last month, he was snapped basking in the sun in the south of France with pal Emma Stone. "They laughed all afternoon long," an insider

told *E! News* of the pair, who were joined at the Hotel du Cap-Eden Roc by pals including Sienna Miller and Spiderman: Homecoming actress Laura Harrier. While there's no romance between the actors-as Theroux said in a social-media post describing them as "JUST bffffffs"—he is "casually dating,"







shared. "He really helps me with all my looks. He is my best stylist."

Also honoured were Diane von Furstenberg, Ralph Lauren, Carolina Herrera, Donatella Versace and Narciso Rodriguez. But the darling of the night was Naomi Campbell, 48, there to take home the Fashion Icon of the Year award, previously won by Rihanna and Beyoncé, and a tribute some of her fellow $supermodels\,think\,is\,long$ overdue. Said Christy Turlington to Vogue, "Naomi Campbell was born an icon." •



in New York.



NTAL TION'

the rapper gets real about —and his state of mind

but she wouldn't leave. This is what they mean for better or for worse, huh?"

West also raps about his struggles with drug addiction and his mental health on "Yikes", confirming his bipolar diagnosis and calling it his "superpower," declaring, "ain't no disability, I'm a superhero." The album's cover, which Kardashian West tweeted was shot on the way to the listening party, features an image of the mountains with lime-green text reading, "I hate being bipolar it's awesome."

He opened up further in a radio interview after the listening party: "I had never been diagnosed until I was 39," he said. After clarifying that he meant with a "mental condition," West added, "But like I said on the album, it's not a disability, it's a superpower." •





Kim takes the White House

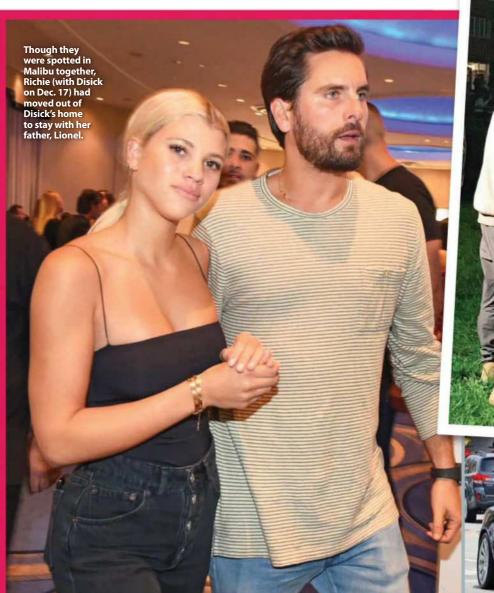
THE REALITY STAR MEETS WITH A REALITY STAR (AKA THE US PRESIDENT) TO TALK UP A CAUSE

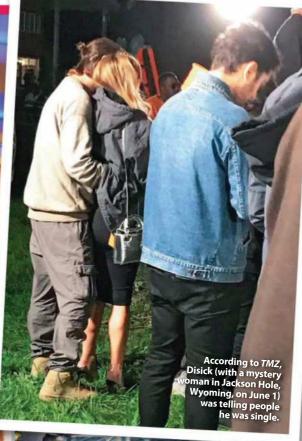


US PRESIDENT DONALD TRUMP POSTPONED his meeting with Kim Jong Un, but he did meet another Kim: Kim Kardashian West. "Great meeting with @KimKardashian today, talked about prison reform and sentencing," he tweeted May 30, with a portrait of the two in the Oval Office.

The mum-of-three was there to speak with advisers, including Jared Kushner, about a presidential pardon for Alice Marie Johnson, 62, a great-grandmother incarcerated in 1996 for a first-time nonviolent drug offence when she helped facilitate communications in a drug-trafficking case. Kardashian West said she decided to advocate for Johnson after seeing her story on Twitter. "I don't have a personal experience with prison myself, but I believe in family," she said. "Her family was torn apart by choices that she made 21-and-a-half years ago." After speaking to Trump, "He really understood," said the star. "I am very hopeful that this will turn out really positively." •









SCOTT DISICK AND SOFIA RICHIE

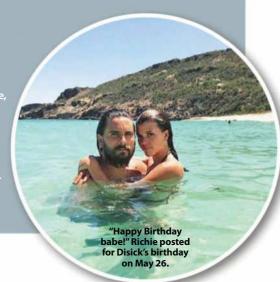
HIT A ROUGH PATCH

_heating scandal

NEWS OF SCOTT DISICK AND SOFIA RICHIE'S break-up made headlines after Disick was snapped looking flirty with a mystery woman at Kanye West's June 1 listening party in Wyoming, but according to the reality star, 35, the relationship was never off. "We had no idea we even broke up but thanks for thinking of us," he captioned a June 4 Instagram story with a *TMZ* headline that read, "Sofia Richie & Scott Disick Still Together."

That same day, the pair were spotted leaving Nobu in Malibu but left in separate vehicles. reveals to WHO. "He joked about it publicly but he was livid."

The pair have been dating since September.
A source originally told WHO that Richie, 19, dumped Disick amid allegations that he cheated on her. "When Scott drinks," says the source, "he is a sloppy mess and fools around." However, the father-of-three—he has sons Mason, 8, and Reign, 3, and daughter Penelope, 5, with ex Kourtney Kardashian—wasn't "taking [the split] seriously" because "Scott thinks she will come back after she calms down" Indeed "They've broken up multiple down." Indeed, "They've broken up multiple times since they started dating and always "Sofia has shown over and over again that she is willing to stay with Scott even when things are not great." •











FEARS FOR JOHNNY



E LOOKS GAUNT AND drawn in photos taken in Berlin on June 3, but despite appearances, "Johnny is having a great time on the tour playing with the guys," a source tells WHO of the actor, who has been touring with his band, the Hollywood Vampires. With his close-shaved mohawk hidden beneath a baseball cap as he greeted fans, the star, who turns 55 on June 9, is "healthy," insists the source.

Depp and his band, including rock legends Joe Perry of Aerosmith fame, and Alice Cooper, recently played shows in Russia and Germany, where Depp sang a tribute to David Bowie.

Johnny Depp's
appearance raises
concerns over his state—
but a source says he's
'having a great time'

A year ago, *The Hollywood Reporter* referred to him as "a star in crisis," and detailed his battle with former business managers TMG. Depp had sued his former advisers in January 2016 alleging fraud and mismanagement, and they countersued for unpaid commission, detailing extravagant spending including a 40-person staff that cost him \$US3.6 million annually.

Depp is also suing *The Sun* in the UK for a column claiming "overwhelming evidence of domestic abuse" against ex-wife Amber Heard, and two of his bodyguards are suing him for unpaid wages and overtime. •

'Abhorrent,, repugnant

THREE MONTHS IN, ROSEANNE'S SHOW IS CANCELLED AFTER WHAT SHE CALLS A 'STUPID TWEET'



THE CAST AND CREW OF THE Roseanne reboot are bitterly disappointed about their show? cancellation after its star. Roseanne Barr, 65, tweeted a White House adviser Valerie Jarrett. "They all really loved each other," an insider says. But a source adds no-one was exactly shocked something like this happened: "We were always on edge about her going off-track." Now US network ABC (the show aired here on Ten) is mulling a fresh reboot centred on Sara Gilbert, who plays daughter Darlene Conner. "Talks are underway," confirms another network source. "But it's too early to know if it's going to gel." •





Nielsen told Hello! Dessi helped steer her straight: "It's thanks to Mattia—he doesn't smoke or drink that I've changed my life

PREGNANT AT 54!

The model is adding a baby to her grown brood

MARRIED FIVE TIMES AND ALREADY A MOTHER OF four sons, Danish-Italian model-actress Brigitte Nielsen is having another baby, she announced

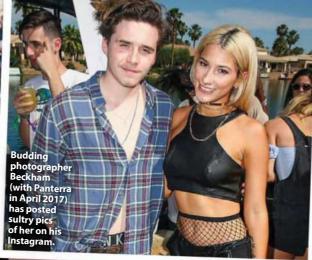
She was 45 and two years into her marriage to Mattia Dessi when she told Hello! she wanted another baby in 2008: "The children have kept me going. After I do Playboy, we want to try IVF. It's asking a lot, but if it's possible, it would make our package complete."

Nielsen is now 54, her husband 39, and her sons are aged 23 to 34. Her Rocky IV co-star Sylvester Stallone became her second husband, and she also appeared on The Surreal Life in 2004 where she met rapper Flavor Flav. Their romance was documented on the spin-off reality show Strange Love. •



HOT NEW HOCK-UPS

Over in the northern hemisphere, it's a summer of love for these surprising couples



BROOKLYN & LEXY

Things look to be heating up between Brooklyn Beckham, 19—who had a contentious split with on-again, off-again girlfriend Chloë Grace Moretz last month—and dancer Lexy Panterra, 28, with her captioning a June 4 Instagram pic of them together, "A perfect night."



JOHN & NIKKI

Total Bellas star Nikki Bella, 34, and wrestler John Cena, 41, have reconciled just six weeks after cancelling their May 5 wedding, a source confirms. "It was about giving each other some time to cool off, rather than shutting the door on any sort of future together," the insider explains.



PETE & ARIANA

Saturday Night Live actor Pete Davidson, 24, made his relationship with Ariana Grande, also 24, Instagram official with a May 30 post of them in Harry Potter wizard robes. The singer returned the favour the following day, sharing a cuddly photo captioned, "I thought u into my life."

Who Special Collector's Issues



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would freak out. And in December, my father says, "Ah, Mira, um, you know, if it were to be that, uh, Chris asked you to marry him, and if you were to have said yes, I would, I think that would be a very good thing." So he was very positive. He loves my husband like a second son. My brother Michael is his son, but Chris has really been adopted by my father.

Aside from Christopher, in this age of Time's Up, do you have a support system, like Ashley Judd, perhaps?

Yes, there is definitely a support system. There are email chains, there are Twitter messaging groups. There are phone calls between us. We see each other at events. I called Ashley for some advice the other day. We saw each other at the Time's Up thing in New York. We went to the Oscars together. Ashley and I have known each other forever. We did Norma Jean & Marilyn together for HBO in 1996 and we never knew that the other one had been harassed by Harvey.

When did you find out?

This [northern] fall when her story came out and my story came out, like, five days later. That was the first I knew about her situation and she mine. Because this is not the kind of thing ... and that's the thing that I don't think everyone really understands. People are like, "Well why didn't everyone speak out earlier?" When these things happen to you, they're very unpleasant. You don't know that there's this giant group of other people who eventually will experience the same thing.

You did tell people, though?

I did tell everyone I knew at the time, including Quentin Tarantino, who is talked about in The New York Times, and my publicist, and my agents and everyone. No-one said, "Oh, this is sexual harassment. You should go to a lawyer or you should report this to the police." Everyone just kind of listened to me sympathetically. No-one suggested that I do anything about it. And so I just kind of put my head down and just kind of soldiered on with my life. I didn't understand what options I had and no-one suggested them to me. And I was young and naive.









"I just kind of put my head down and soldiered on"

Traffickina.

You have since become an advocate for victims?

I've been the Goodwill Ambassador for the United Nations Office on Drugs and Crime on Human Trafficking since 2009 through the

present. We're releasing a video that I did about airline employees learning to know the signs of human trafficking and becoming watchdogs on the ground and in the air. I

have devoted an enormous amount of time to lecturing about this and trying to change legislation. I've had some laws passed that were somewhat due to my influence and I consider myself to be a victims' and survivors'

■ By Cynthia Wang with reporting from Jenny Cooney Carrillo

How did you react when you saw Harvey Weinstein on TV, arrested in handcuffs?

People think that we would all be like whooping and jumping up and down. I was ... [pauses] I want to choose my adjectives carefully. I was gratified, I suppose, to see that Harvey was actually facing the first steps of the criminal justice system that hopefully will

eventually convict him and punish him for the crime of rape and that he's being treated as a criminal. Although he's been given privileges. The fact that he

was able to go home on bail when the next person up in line in the same court had to spend the night in jail because of a \$195 unpaid weed fine. So obviously he has privilege that still follows him because of his money. But it just made me sad. It's been more than 10 years since vou did the miniseries Human





entertains the

twins for hours"



t first glance it might appear little has changed for George and Amal Clooney in the year since their twins Ella and Alexander were born

at St Mary's Hospital in London last June 6. They're still Hollywood's most glamorous and seemingly relaxed couple, crisscrossing the globe for work and play (yes, George, 57,

did, in fact, hop behind the bar to sling drinks for guests at the royal wedding reception). But in truth, almost everything has changed and, save for the inevitable nappychanging fatigue, they've never been happier. "George and Amal are very hands-on parents," says a source close to the Clooneys, who are raising the kids at their "George is country estate outside the fun, goofy parent. He

London, in Los Angeles and in their Lake Como villa in Italy, which will serve as home base for the Northern summer. "George is a great dad-so fun and silly,"

says an insider. "He always plays with the babies and seems to love it. He entertains them for hours. Amal is amazing [with them] as well. They make an incredible team."

Like many new mums, Amal, 40, has juggled breastfeeding and sleepchallenged nights (while keeping up her work as an international humanrights lawyer), while delighting in the twins' milestones. "We've had some 'Mamas' and 'Dadas'," she told US Voque in April. "George was very careful to ensure that 'Mama' was the first word."

While the twins have been largely out of the public eye, those who have met them swear they're a perfect combination of their famous parents. "They're too beautiful, simply adorable," says the source close to the family. "One looks just like her mother, and the other is the image of his father ... It looks like they took the best parts of both Amal and George and mixed them together." Ella "looks more like Amal—thank God," George joked to *Entertainment Tonight*.

With help from a nanny and from Amal's mother, Baria Alamuddin, the Clooneys have kept up their professional

and philanthropic passions, including marching in Washington, DC, for gun violence prevention and donating \$US500,000 to the cause. While George is currently shooting his new series Catch-22, on location in Sardinia and Rome, and

will be in LA to receive an AFI Life Achievement Award on June 7, his role as a family man has taken centre stage. "Being a dad has given George a glow. He and Amal schedule their lives around the babies," says an LA-based source. "George seems the happiest he has ever been.

■ By Elizabeth Leonard, with reporting from Pernilla Cedenheim and Peter Mikelbank



After they were introduced by a mutual friend, **Amal Clooney and Meghan Markle formed a** fast friendship, especially once Markle moved to the UK. "Meghan and Amal have known each other for a while [and share] many interests, an insider told WHO. "Amal has been helping Meghan settle into London life. It was a very natural friendship from day one."

Who | 25



Cleveland kidnapping survivor MICHELLE FINCINS ONE AFTER STATE OF THE STATE OF THE

She spent 11 years as Ariel Castro's prisoner, but five years after escaping, she has a new name (Lily Rose Lee) and a husband she adores

uring the time of unimaginable pain—the 11 years she spent as a captive in a Cleveland, Ohio, house being raped and tortured daily— Michelle Knight survived by fantasising about a better future. But never in her wildest dreams, she says, did she think she would actually find love and happiness. "I had no hope," admits Knight, now 37, who was kidnapped by Ariel Castro in 2002 and was later joined in the house by two other girls Castro abducted, Amanda Berry and Gina DeJesus.

Yet today, five years after the trio's miraculous escape on May 6, 2013, she is happier than she ever dreamed possible. Along with a new name, Lily Rose Lee ("I wanted a new beginning," she says), she has a new marriage: she wed Miguel Rodriguez, a courier. "My life is so filled with joy that I want to scream it from the rooftops," she says. In her second memoir, excerpted below, she describes the difficulty of readjusting to life, her struggles with addiction and depression, and how she learned to love herself despite a lifetime of trauma. "My healing is never done," she says, "but I love my life."

I had survived the darkness, and out there in the light, a life was waiting for me. Yet at the moment [of our escape], as I would not learn until much later, I was closer to death than I realised. I had a fever that wouldn't come down, my digestive tract was a disaster, and I was in so much pain that I would wake up certain I was being stabbed. Eventually, they discovered I had clostridium difficile, a bacterial infection that can inflame the colon and eventually kill you. You get it from unsanitary conditions—bad air, dirty water, food handled by unclean hands—exactly the kind of conditions I had lived in for 11 years in Castro's filthy house. The doctor actually thought I might die. I disagreed.

I am not going to die today, I told myself, and I am not going to die tomorrow. I figured there had to be a reason I had been freed from that house, and I needed to live so I could fulfil whatever purpose had kept me alive.

Estranged from her parents since before the kidnapping, she felt alone during the weeks she spent hospitalised. As her health gradually improved, her thoughts focused on what had become of her son, Joey, who had been taken into foster care before she was kidnapped.

Now she had no idea where he was.

Lisa, my favourite FBI agent, came into my room and closed the door. She tried to break it

Since their escape from Ariel Castro's home, Knight and fellow captives Berry and DeJesus "really don't talk at all," Knight says.
"We decided to go our separate ways."

to me gently, but the news was that the FBI had tracked down the family who had adopted Joey about nine years before, when he was 4, and that the family did not want their identity or their whereabouts known. Joey was alive and safe. I was glad and grateful above everything else. But did that mean I would never see my son again? I could feel my heart tearing apart at the thought.

Lisa was able to arrange for me to write a letter to his new family. I wanted to let them know that what I wanted was not to take Joey away from them—I knew that wouldn't be right for any of us—



but just for him to know that I never ran out on him, that terrible things took over my life and kept me from him. I also wanted him to know that I would love to connect with him one day, on his terms.

In the letter, I thanked the adoptive parents for their care of my son and asked if they would be so kind as to send me a photo. They did better. They sent me several photos

Ariel Castro (in court in 2013) was sentenced to life in prison plus 1,000 years. A month later he hanged himself in his cell.

showing Joey at different ages. It was generous of them, and I respect their requests that I show the photos to no-one else. But I look at them daily. It gives me joy to see myself within my boy, and of course, I continue to yearn to meet him again one day. Several months after her escape, she moved into a small apartment in downtown Cleveland. But reminders of her ordeal popped up everywhere.

"I wasn't optimistic I decided to get a job but about finding love" everywhere I tried, I was told my "fame" would be a distraction, that people would take my photo or ask for selfies, and no work would get done. Potential employers were kind about the rejections, but they rejected me just the same.

I also still confronted terrible phobias that Castro had drilled into me. I was terrified of motorcycle helmets because Castro had used one to limit my sight and my movement. And I was horribly afraid of cloth napkins. Whenever I would go to a nice restaurant, I would have to ask for a paper napkin instead of a cloth one. Cloth was what Castro would

shove into my mouth so I couldn't scream whenever he had people over to the house.

Food smells could sometimes make me sick as well: the smell of beans, rice and meat mixed with certain spices brought back bad memories and could get me coughing to the point that I would actually throw up. It was all just another reminder that trying to be a normal person living a normal life was out of reach—for the moment anyway. After her first book, Finding Me, was published in 2014, the stress of reliving her ordeal in interviews began to weigh on her. She found herself taking sips of wine throughout the day to numb the pain. She ultimately checked into OnSite, a Nashville treatment centre that specialises in therapy for people who have experienced trauma, During a month-long stay, she met with counsellors and other survivors and, as part of the centre's equine-therapy

One of our assignments was to tell your horse your trauma story. I told Waylon about the many bad things that had happened to me as a child, that multiple family members had hurt me. And as we kept walking, the horse stopped and turned to me like "You've got

program, bonded with a horse named Waylon.

something else to say." Something came over me to tell him everything. It just poured out. The abuse I suffered as a kid. The

kidnap. The house. Gina and Amanda. All the confusion. The pain. The anger. This wasn't like writing a book or answering questions on television. This was talking to a being who got it and didn't judge me. Not a being who was going to ask me why I didn't find a way to get out of Castro's house or tell me that he or she would have done more. Waylon knew how to listen.

And when I was done, I felt a whole new sense of who I am. I felt strong. "All I know now," I said to Waylon, "is that I define who



When Knight left the treatment centre, she felt determined to create a new life for herself. She changed her name to Lily Rose Lee—Lily for the flower she loved, Rose for the mother of a childhood friend who had been kind to her, and Lee, because it was her son Joey's middle name. She met Miguel, 39, through mutual friends on Facebook.

I wasn't optimistic about finding love after all I had been through. The whole world had heard the story of how I had been damaged by a filthy older man; who would ever want me after that? But that didn't mean that I didn't want to be loved. Everybody wants to be loved.

I can barely remember what we said on the first phone call. Nothing very significant. It's not like I got off the phone and shouted Awesome! But it was awesome to connect so comfortably and so easily with this guy I hadn't ever clapped eyes on.

Over the next weeks and months our relationship grew stronger. Physical intimacy didn't happen right away. I had some fears that any intimacy might feel like what Castro had done to me, what others had done to me. We waited; we took our time. When it did happen, I realised I didn't have anything to fear. The experience was entirely different.

What made the difference was love. The pair married on May 6, 2016, the third anniversary of her rescue, in Cleveland.

Starting when I was about 12, I had these big, beautiful daydreams about the wedding I would have one day. There would be huge bouquets of flowers, the groom would be handsome, I would look gorgeous in my long, white bridal gown, and everything at the reception would just sparkle.

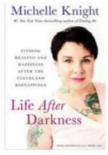
Later, during the years I was captive in Castro's house, as soon as he let me have a piece of pencil and some paper, I even designed the dress for that perfect wedding: white, of course, strapless, floor-length, and with long sleeves that I thought added a real touch of elegance. I drew the dress in great detail, over and over: the perfectly beautiful dress I would wear as a bride at my perfectly beautiful wedding.

When you're confined and have nothing to do except wait to be abused, imagining the details of a wedding that will never happen is a survival strategy: focus on the impossible. Imagine something so far-fetched it can take your mind away from the reality. And you never want to think about the reality because it's unbearable.

When it became real, I didn't want our wedding to be about luxury or glitz. I just wanted the day to be a celebration of the fact that Miguel and I were committing ourselves to one another.

As we recited our vows, I could hear some people crying, some sighing. Whispered words of love floated up to the front of the church. "You deserve this," I heard someone say. "She

is so strong," said another.
I knew I was in the right
place at the right time.
This was my moment.
All I felt was love. ■



From Life After Darkness, copyright Michelle Knight (now known as Lily Rose Lee), courtesy of Hachette Books. Available on June 26.

















The first black woman in a major 'Star Wars' role, Thandie Newton also kicks butt on 'Westworld'. But Hollywood hasn't always been easy

fter three decades as a successful working actress, Thandie Newton, 45, says she's finally reached a major milestone in her career: her three children suddenly care about what she does for a living. Why? Two words: Star Wars. "I can't think of anything I could do that would get my kids' attention quite like this," Newton says of her family's reaction to hearing she had landed a role in Solo: A Star Wars Story. And, she's the first black woman to play a major character in the four-decade saga. "It's about more than the toys," she says. "It's momentous."

Newton, who first broke out in the US in 1994, starring with Tom Cruise in Interview with the Vampire, isn't unfamiliar with being a Hollywood trailblazer. Born in London and raised by her Zimbabwean mother, Nyasha, a nurse, and her British father, Nick, an artist, Newton landed her first movie role when she was just 16, opposite Nicole Kidman in the 1991 Australian coming-of-age film Flirting. "I've grown up in this industry," she says. "It's not easy. But I've been very lucky in my career. Partly because just my presence in the work is breaking ground [as a bi-racial actress]." Still, there was a time she almost gave it up for academics. In between auditioning for early roles, Newton went to Cambridge University and graduated with a degree in social anthropology. "I came into [Hollywood]

> from a different world," she says, "I wasn't trained as an actor." But while Newton made notable appearances in 2000's Mission:

Impossible 2 and 2006's Best Picture winner Crash, she's now reaching new levels of fame, playing both the hard-bitten thief Val in Solo and the scene-stealing android Maeve on Showcase's futuristic drama Westworld. "It's actually a really wonderful thing to be older, to still be part of this community and to reflect on how far things have come," she says of how the entertainment industry is changing. "In terms of diversity, in terms

of how women have managed to be twice as good and stride forward and not let limits stop them."

Newton, who has said she was once groped by a former co-star and sexually abused by a director who made a graphic audition tape of her, is outspoken about

issues facing women and sits on the board of the activist organisation V-Day. She says her own experiences helped shape her Westworld character, a robot coming to terms with the violence

she has suffered at the hands of humans. "It parallels an awakening that I felt I came to after a lot of difficulty and pain in life," she says. "At some point you've got to take the reins. I did that a lot in the last decade. I don't feel like a victim at all any more."

She gets strong support from her family: her husband of 20 years, English writer-director Ol Parker (Mamma Mia! Here We Go Again) and their daughters Ripley, 17, and Nico, 13, and son Booker, 4. Nico is the first to

follow in her mum's acting footsteps, starring in Disney's upcoming live-action Dumbo-under Newton's watchful eye. "[I'm] like a lioness, checking that everything is looked after," Newton told Britain's This Morning. On the Solo set,

WOMEN NOT TO MESS WITH 'It's so exciting to be telling stories about the misfits and the rebels," Newton says

of her empowered roles on Westworld (pictured, with co-star Rodrigo Santoro)

and in Solo: A Star Wars Story (left).

she often thought about her own childhood. "I was a kid that loved these films, and yet there was nobody like me looking out from the screen," she says. "I can't tell you what

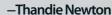
that feels like. What would the little girl Thandie have wanted to see? A black woman in her natural

glory. And I got to do that."

■ By Kara Warner, reporting by Nigel Smith



got to take the reins ... I don't feel like a victim any more"









Raising old school kids

being entertained by devices rather than having a conversation at dinner time," says Carol Ferrone, contrasting that with how she grew up in the 1970s. Parenting expert To Justin Coulson says there is good reason to bring back some old-school rules. "Parents of the '70s let children be children. There was a lot less structure, which allowed for creativity to grow and curiosity and relationships to develop," says Coulson, author of 10 Things Every Parent Needs to Know. "Kids need three things and they all start with 'L.' Kids need love, limits and laughter. If we give our kids these three things, then it doesn't matter what decade we are born in.

tepping into the court shoes of her 1950s predecessors proved to be surprisingly emotional for Carol Ferrone, who cried her way through much of the filming of the first episode of the ABC's bold new docu-series Back in Time for Dinner. "When you see

the tears, that's because I've done 10 hours straight of housework with this hideous laundry contraption!" says Carol "I've done of using a vintage washing machine as part of her role in the 10 hours seven-part series hosted by Annabel Crabb. "When I first straight of saw it, I thought, 'Do I boil pasta

in that?"

housework" It was the first of many -Carol Ferrone revelatory moments for Carol, 45, who together with her family-husband Peter, 47, and children Julian, 18, Sienna, 15 and Olivia, 10-experienced life in every decade from the '50s onwards, a decade an episode, for the show (airing on Tuesdays at 8.30 PM). To live as authentically as possible as a family from the past meant that every aspect of the Ferrones' lives was overhauled-from the kitchen of their southern Sydney home, which was dismantled, to decor, clothing (right down to underwear) and diet. "We are foodies," says



Carol. "My kids eat Vietnamese, Lebanese, Mexican, Portuguese and Italian on a weekly basis. We cook it, not just go out for it."

So when tripe—a post-war staple—was on the menu, there was gagging and tears. "That was terrible," groans Carol, who also struggled, along with her passionate homechef husband, when Peter was banished from the kitchen in keeping with gender-specific roles of the '50s. Peter, a consultant in the hospitality industry, was also obliged to eat alone after arriving home from work. "We always have dinner together, I don't care if it's 9 o'clock, that's our time to be together," says Carol. "For him to sit and have dinner alone while I'm in the kitchen upset, it just doesn't happen. But this was a hard decade."

Fortunately, it also brought blessings, including a stronger bond between the

> children in the pre-gadget era (see box) and an appreciation for our more egalitarian present. "There was a lack of choice for women back then," says Carol, an executive coach who was 8 when her parents, who are of Portuguese heritage, emigrated from the English Channel isle of

Jersey. "Women were really looked down upon if they chose a career. That blows my mind."

Ultimately, the three-month experiment impacted the Ferrones' minds-and hearts-in a positive way, which made it worthwhile. "This is not a competitive reality show, otherwise we wouldn't have done it," reflects Carol. "It's just a 2018 average Aussie family trying to navigate the past. It isn't easy all the time, but god we have a hell of a lot of fun doing it."

■ By Karina Machado. Additional reporting by Leigh Reinhold

WE'RETRAVEL





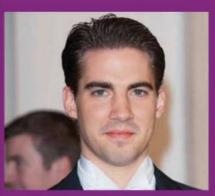
ARTHUR CHATTO GRANDSON OF PRINCESS MARGARET

The son of Lady Sarah Chatto and great-nephew of Queen Elizabeth II, caused a stir last year when he posted a photo of himself on social media in nothing but Calvin Klein trunks, captioned "#Chatnoleg." The 19-yearold—23rd in line—attended Eton College, in the footsteps of second cousins Princes William and Harry, and is now at Edinburgh University.



SEBASTIEN PRINCE OF LUXEMBOURG

The fifth and youngest child of the Grand Duke and Grand Duchess of Luxembourg, the prince was educated in the UK and US before graduating from the Royal Military Academy Sandhurst. At 26, he's an art buff who once played for the national rugby team and enjoys rock climbing and skiing.

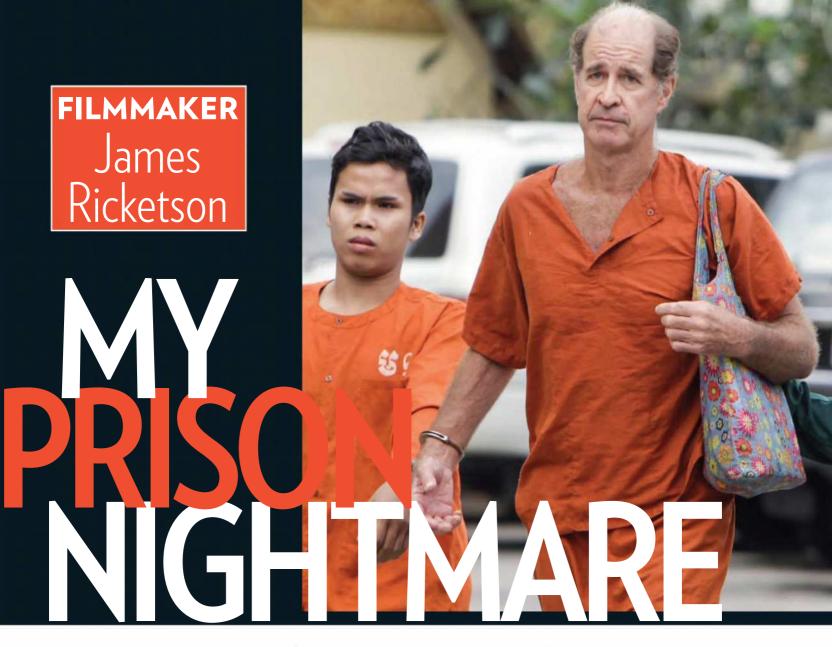


PHILIPPOS PRINCE OF GREECE AND DENMARK

At 32, the youngest son of Greece's King Constantine II and Queen Anne-Marie, and uncle of Constantine-Alexios (far left), is a Georgetown University graduate who keeps a low profile apart from attending weddings of European royalty—many of whom are his relatives. His godparents include King Juan Carlos of Spain, Prince Philip and the late Princess Diana.

Prince Harry may be off the market, but these hunky bachelors aren't





An Australian has spent a year in a squalid Cambodian jail—for flying a drone

tanding among a crowd of thousands at a political rally in the Cambodian capital Phnom Penh on June 2 last year, Australian documentary filmmaker James Ricketson, 69, did what he does best. With his camera drone he wanted to film the gathering organised by the Cambodia National Rescue Party (CNRP) but, "The rally was overseen by several policemen and I was unsure whether or not I needed a

"The rally was overseen by several policemen and I was unsure whether or not I needed a permit," Ricketson, who's from Sydney's northern beaches, tells WHO. Still, "In sight of the police I assembled the drone and filmed."

It was an act he would soon regret. Under suspicion of "spying," police dragged him

off the street the next day and threw him in a squalid, overcrowded cell in Cambodia's notorious Prey Sar prison. The father of adult children Jesse and Roxanne has been in custody now for a year without charge. Though the investigation into his case is complete, Ricketson, who is currently in a prison hospital cell after contracting pneumonia, has not been told if the matter will go to trial. He shares

his story with Michael Crooks.

I am incarcerated in a cell in the prison hospital. By third-world standards, the conditions can most politely be described as primitive. When not in the hospital, I share a

cell measuring 6 x 15m with 140 other prisoners. Packed in like sardines. The temperature in the cell often hovers around 37°C at this time of the year. I have a very old fan and I pay \$12.50 each month for the electricity. For 140 prisoners, there are three squat toilets. Sleeping is very difficult with only one square metre of living space per









prisoner in the cells.

Before his incarceration, Ricketson had made films in Cambodia and worked to help poor families there since the 1990s.

I fell in love with Cambodia in 1996 during the making of a documentary Sleeping with Cambodia—about how the poor and powerless are exploited by the rich and powerful. The film, broadcast "I share a on the ABC and in many 6x15mcell countries around the world, featured Chanti, a 9-year-old with 140 other beggar living on the streets of Phnom Penh with her mother.

Chanti, who is now 30 and a pregnant mother of eight.

Ricketson helped raise funds for

It warms my hearts to see the children growing up healthily, with a roof over their heads and going to school. Over the years I have helped many other poor families with rent, paying medical expenses and most importantly, school fees.

CNRP, the opposition to the autocratic government that has ruled under Prime Minister Hun Sen for 32 years.

In the midst of a huge group, in sight of police, I filmed tens of thousands of supporters with my drone. When 13 policemen dragged me off the street, I was not in the process of

> committing a crime. More than 12 months and a dozen interrogations later, I have yet to be presented with even one piece of halfway credible evidence that I have engaged in espionage.

prisoners" I am locked in my cell from 3 PM to 8 AM the following morning. They let me out from 8 AM to 10 AM and 2 PM to 3 PM. Prison food, made up primarily of gluggy rice, is inedible. I am very fortunate to be able to buy nutritious food and to have a healthy, if somewhat bland, diet.

> In none of my dozen or so interrogations have questions been asked about my flying

of the drone. I still have no idea if I was breaking the law, but it seems I should have applied for a permit.

My daughter Roxanne's help in getting me out of Prey Sar has been invaluable, as has the help of my son, Jesse, his girlfriend, Alex, both of whom live in Cambodia now, and other members of my family.

The Australian Government needs to take significant steps towards protecting the legal and human rights of Australian citizens who find themselves in legal strife in countries in which there is little or no rule of law.

I am not a spy. I am a filmmaker, a journalist and a blogger whose primary objective has been to expose corruption in Cambodia. ■

For more information, search James Ricketson' at change.org and visit facebook. com/freejamesricketson.



Sam and Lara

hey relocated to Los
Angeles earlier this year to
accommodate Aussie actor
Sam Worthington's career,
and now he and his wife,
model and entrepreneur
Lara (née Bingle), 30, seem to be
completely settled into their new
Hollywood life with their two young
sons, Rocket, 3, and Racer, 1.

The married couple looked happy and relaxed as they enjoyed a family day out on May 26, with Lara sporting her recently adopted copper hair tone as she



Worthington juggle work and family in LA

sons leaves

me satisfied"

and Sam, 41, took their boys to local play centre Adventureplex.

Showing off the daring look—a
drastic change from her trademark
blonde locks—on Instagram a couple
of days later, Lara gave a shout out
to her hair colourist, Jaye
Edwards, saying, "You bring
the sun to my hair."
The outing was a rare

another
schedule
"It's g
nothing
"Keeping
the sun to my hair."

The outing was a rare

The outing was a rare glimpse of the family together, with Sam having been busy filming the first two sequels to box-office

mega hit

Avatar simultaneously
since August 2017,
and attending shoots
in both California
and New Zealand.

—Lara Worthington
with worl
being the
running I
The Base

Once production on *Avatar 2* (set for a December 2020 release) and *Avatar 3* (due the following year) wraps, work will commence on another two sequels, ensuring the actor's schedule will be packed for some time.

"It's going to be a blockbuster and like nothing you've ever seen," he said about the upcoming sequel.

"The world is a lot bigger than the first one. But essentially it's a movie about a family and we can all relate to ... the relationships and issues that go with having a family."

> Lara has been spending

Lara also remains busy with work commitments, which include being the Australian face of Tiffany & Co, running her skincare and tanning brand, The Base, and a sponsorship deal with luxury label Dior. Being a mum to two young boys also keeps her on her toes. "Keeping up with my sons leaves me satisfied and glowing," she said.













LIFE AFTER *QUEER EYE*

Catching up with a few Season 1 fan faves



EPISODE 1 "YOU CAN'T FIX UGLY" NAME TOM JACKSON

Jackson remarried Abby after the Fab Five helped the two rekindle their old flame.



EPISODE 3 "DEGA DON'T' NAME CORY WALDROP

Waldrop has kept up with his fashion and started a business: "Every day I ask myself if Tan would approve of my outfit, what would Karamo advise me to do romantically for my wife, what kind of moisturiser would Jonathan say 'yasssss' to, what kind of meal would Antoni recommend, and how does Bobby decorate a house like he does."



EPISODE 4 "TO GAY OR NOT TOO GAY" NAME AJ BROWN

Season 1 favourite Brown is now married to Andrey and is living out and proud in front of his family. He's also committed to his new wardrobe of stylish, fitted clothes.



EPISODE 7 "BELOW AVERAGE JOE" NAMF JOE GALLOIS

Gallois continues to write and perform stand-up comedy in Atlanta and has even ventured out into other major US cities when the opportunity arises.

He also still lives in his parents' basement!



who admits he had trepidation about taking the job. "I felt a lot of pressure," says France, a Muslim who now lives in Salt Lake City with his husband. "I hadn't seen any people like me on TV before, and I definitely didn't want to be the first one. I didn't want that responsibility on my head." The fears eventually subsided, and, he says, "I couldn't be more grateful."

It's a sentiment echoed by the others. "Reality television has an undertone of negativity. And we are only positive with each other," says 37-year-old Brown, a Texas native and *Real World: Philadelphia* alum. When the Fab Five sat down with WHO, they spoke candidly about overnight changes in their lives, what we didn't see in Season 1, the tears still to come in Season 2, and more.

TEAR EYE

"Ugly cry" was used to describe the flood of emotions wrung from the first eight episodes.

Berk: On our social media, people were telling us in such an emotional way what it meant to them, about how literally it was changing their lives. I think that's when I realised it was going to be big.

Van Ness: It came out on a Wednesday, and by that Monday, all of us had more than 100,000 followers on Instagram.

Brown: When I go out, and this has happened at least 30 times, people sit at the bar and start crying and telling me their stories of how they didn't feel confident and they felt suicidal. This is impactful.

France: I expected it to be a very Americancentric response, but to see that even in the Middle East ... people emailed me to say, "I've never seen a version of you on my screen before, and you're finally representing us." That was when I thought, This isn't just a TV show—this is so much more than that for so many people.

Porowski: I was definitely very naive to how much it would affect my personal life. In New York, I would be overwhelmed by this outpouring of people coming up and thanking all of us. I would keep all of it bundled up in my heart, and I would just come home and wail-cry into my pillow because it's ... [pauses as his voices quivers and he tears up] it's been really beautiful. It's just so much bigger than all of us.

REDNECK ROMEO

The Fab Five faced one of their biggest challenges in the first episode: Tom Jackson. The man who kept saying "you can't fix ugly", and made margaritas with Mountain Dew took everyone by surprise—the guys, the audience, even himself. One little moment that Porowski wouldn't let Tom brush past changed the course of the episode—and Tom's life—forever.

Berk: We didn't really know what we were getting into, and it really set the tone for us to not judge a book by its cover. We all went into it going, "He doesn't look like somebody that's gonna be very receptive to us." And he turned out to be the sweetest, jolliest, most loving guy.

Porowski: It just goes to show that both sides have something to learn. And that's humility. That's hope.

Brown: I took him on dates to meet different women and taught him how to sign up for dating apps. We re-did his photo. And Antoni catching that one piece [where Tom mentioned his ex-wife, Abby] literally cut





my scene out, which I'm happy about. All of a sudden we are on a bench and I'm like, "Call your ex-wife!" [to invite her to the car show]. We've never [publicly] talked about that.

LET'S GIVE 'EM SOMETHING TO TALK ABOUT

Several of the Season I subjects made lasting impressions on the audience. In some cases, it's all fans talk about, especially to the Fab Five.

Berk: For me, it's usually [father of six] Bobby Camp, because of the religious aspect. I've had multiple Christians, even pastors, reach out to me on social media saying that hearing me talk about how as a child and an adolescent I used to pray and cry and beg God every day not to make me gay, changed their entire view of homosexuality. I've literally had a pastor say, "You have completely changed the way that I preach in my church now."

Brown: People talk about AJ Brown, because that guttural cry [he unleashed when he came out to his stepmother] was heard round the world, literally. And people felt his pain and his release and his growth. They felt it.

France: The thing that people quote to me more than anything is, "I let myself go." It's in the closet when I'm talking to Bobby Camp. I'm saying, "Make an effort to be a part of [your relationship]."

Brown: People are constantly talking about the cop episode. We were all surprised. I was scared to death. I never get emotional about this episode ... But when [Jonathan] said to me, "Don't get out of the car," he was so afraid. **France:** Production staff did come over to our car.





HOW THEY "QUEER EYE'D" *QUEER EYE*

David Collins wasn't planning a revival. But in nearly every meeting the series creator had, he was asked for one. Serendipitously, the rights came back to him just as he met with Netflix, which, Collins says, wanted "a recognisable brand that had global appeal and was beloved." He was challenged to consider the diversity of the streamer's worldwide audience and to ditch the frenetic pace of the original show to "allow the good old-fashioned storytelling to rise to the surface." That meant the Fab Five being just as open as their subjects. "They talk about being married, having kids, being single," Collins says, noting they could only do this now because of the "original Fab Five being trailblazers."

Porowski: The officer told them to back away. Van Ness: He was really committed.

Berk: I was supposed to drive. [Brown insisted that he take the wheel instead.] I knew it was gonna happen. It was never supposed to be that serious of a situation. It was supposed to be comedic.

Brown: But it turned into something great, because we allowed ourselves to be open.

TRANSFORMERS

In Season 2, which filmed during the same production frame as Season 1, Skyler, the first trans man on the series, will appear. Just weeks after receiving a life- and body-altering surgery, he undergoes physical, mental, and emotional changes thanks to his visitors.

Van Ness: One of my closest friends is a trans man who is incredible. And a lot of my clients are trans women. So I am really hoping that we can do right by our trans brothers and sisters. [Skyler] is going through so much, so [it was important to be] gentle and respectful and not to be a queenie know-it-all dum-dum when you're trying to be a loving person. France: Skyler, for me, was my favourite episode we've ever done. I love the others. I truly do. But I wasn't as informed for Skyler. I lived a very, very Middle Eastern life until I was in my early 20s. It was very sheltered. Watching [it], I felt like we did it respectfully, where we could ask the questions that probably so many people have wanted to. I'm really proud of that episode.

Brown: I think as a culture, people need to get

away from the bathroom stuff and realise that these are just human beings trying to live their lives, and it's something that we all take for granted. Hearing Skyler, the first time I got to talk to him, say, "I tried to get my license several times." Think about if you were just trying to go to the airport, and you could not get on [the plane] because your license said something different. It's just about people living a comfortable, protected, respected life.

CAN WE GET AN AMEN UP IN HERE?

There's a reason "for the Straight Guy" was dropped from the revival's title—as audiences saw in Season 1, the Fab Five also gave a makebetter to a gay man, and Season 2 kicks off with the series' first female subject, Tammye. Fair warning: the episode delivers an emotional punch. Berk: That episode was very, very hard for me. When I came out, religion completely turned on me. I've never really gotten over that. Then I met Tammye, and she was just so accepting. Porowski: She gave each of us a journal, and she wrote us a beautiful little note. To have somebody who really didn't know us very well ... and to speak to and treat all of us like we were her sons. I have a lot of respect. Brown: To know that there's a divine and bigger purpose for all of us in our lives is a scary thing to think about. But there's something that you're going to do tomorrow, there's something that someone who's going to read this tomorrow is going to do, that is going to impact this world.

■ By Gerrad Hall

YRABANKS

WHAI LEARNED



The model and her mother, Carolyn London, talk on loving their bodies and the joys of motherhood

yra Banks has always been close to her mother, Carolyn London. But just how close was hammered home to them when Banks's 2-yearold son, York, came up with a double-duty nickname. "He calls us Mama Nana," savs Banks with a laugh.

Throughout Banks's life, London, who once managed her daughter's career, has been indispensable: helping Banks break into modelling at 15, encouraging her to break down racial and physical barriers in the fashion world and, more recently, standing by her side as Banks, 44, battled fertility issues before becoming a

"It hurt me so much to watch her struggle," says London, 72. Now Banks, who split from York's father, Erik Asla, in October, and London have

> written a joint memoir, Perfect Is Boring.

They sat with WHO to discuss their journey and the joys of imperfection. What was it like writing a book together?

BANKS We totally fought! She cursed me out one day. She's like, "I'm so tired of this book!" LONDON I spent years working with her behind the scenes. This was a different kind of pressure. But the more we did it, the easier it got.

Have you always levelled with each other? LONDON From the beginning, with my son [Devin,

50] and Tyra, it was: "You can get what you need to know from me, not out on the street." BANKS I always knew I could ask her anything. I was like, "What does that drug do?" She would tell me so I didn't feel the need to experiment. It helped me not go buck-wild crazy, especially in the fashion industry. It's so important to have those talks. York will be trying to jump out of the car based on me just being real and raw with him! Tyra went to Paris alone at 18 to model. What was that like for you as her mother?

LONDON Very tough. I wanted her to know that her life is her decision, but I really wanted her to go to college. But I armed her. I made sure she understood that she's a commodity.

By 23, Tyra, you were the first black model with a solo Sports Illustrated swimsuit issue cover and the first with a Victoria's Secret contract.

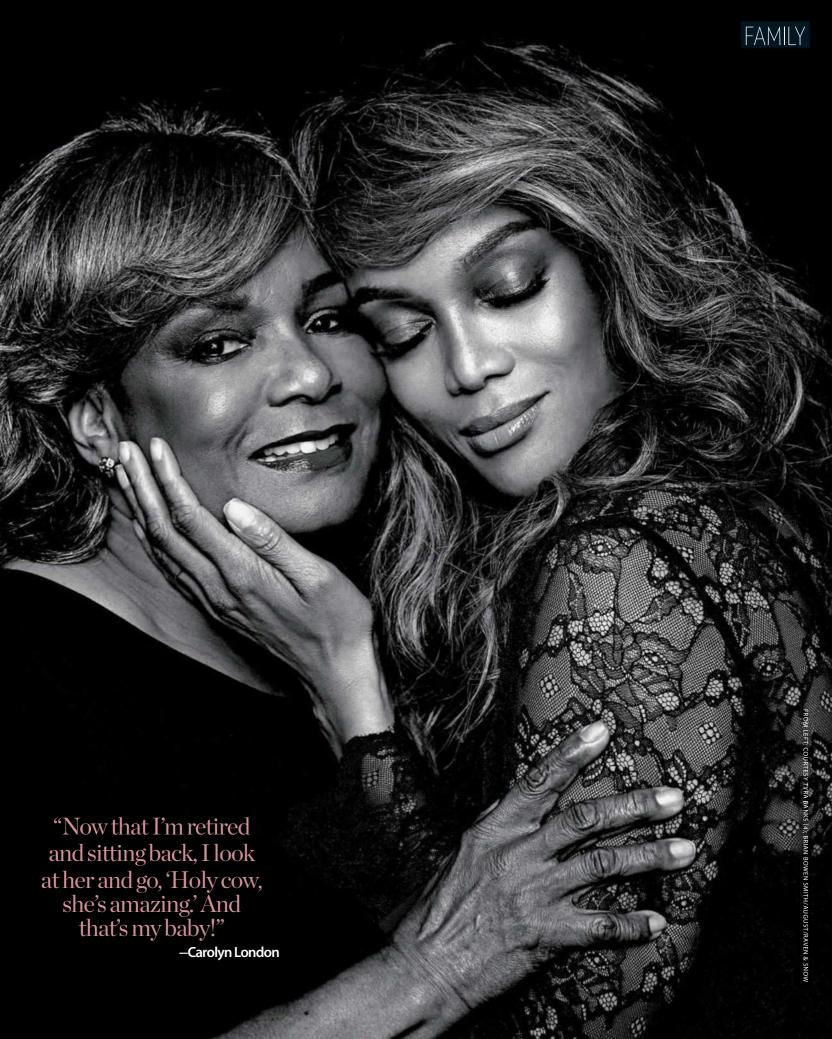
Were those proud moments?

BANKS One day those distinctions are going to be in the past, and that excites me more. What I'm hoping for is we're just models, not plus, not short, not trans, not curvy. Just normal.

You've dealt with criticism for your weight over the years. What is that like? BANKS I used to feel like my body was

says Banks of her son (in June 2017). "It's like I spit him out!'

The way Tyra communicates with York blows me away," says London (with them in May 2016)





MY BODY, MY RULES

IN AN EXCERPT FROM
THEIR MEMOIR, TYRA AND
HER MUM LOOK BACK
AT A BOLD DECISION
THAT TRANSFORMED
TYRA'S CAREER

BANKS Oh, Lordy ... that Milan Fashion week. There were eight designers who didn't want to hire me this season. I had been the *It* girl, but now one-too-many visits to McDonald's between shoots, and I was about to be the *Out* girl. I burst into tears. "Mommy, OK ... um OK," I cried. "I'm gonna skip meals ... I'll work out ..." Mama grabbed my shoulders and shook me like salad dressing. "Stop it!" she shouted. "This is nothing to cry about, Miss Tyra I-worked-likehell-to-get-here Banks. You know what we're gonna do?" "What?" I sniffled.

"We're gonna go eat pizza."

LONDON Let me tell you, I did not want Tyra to fall into the trap of thinking she had to live up to some silly idea of the "perfect" body. I'd seen that my whole life: women stretchin', sweatin' and starvin' themselves to get into a shape that their body ain't never supposed to be in the first place. Tyra was almost a supermodel, and if she was "too fat," what message did that send to the rest of us normal-ass women? I want women to feel like they are good enough as is. I could start with my daughter.

they are good enough as is. I could start with my daughter.

BANKS By the time we'd finished our pizza, my mama had made me write up a list of commercial clients who booked the bold and bootyful. I sat back and looked at the list, now mottled with grease stains and tomato sauce, and I slowly started to smile. My career didn't have to be over. It just had to be different.



Edited extract from Perfect Is Boring by Tyra Banks and Carolyn London, published by Tarcherperigree, an imprint of Penguin Publishing Group, a division of Penguin Random House, LLC. Copyright © 2018 by The Tyra Banks Company Books LLC.



"I watched over

Tyra. But I never

told her what to

do. The road she

took was hers."

-Carolyn London

BANKS I think women should

fix it or flaunt it! If you like your natural self, don't worry about who you are. But if you have something you feel insecure about?

I do not judge that. I had a nose job. I had itching from the bones in my nose, but it was also cosmetic. I haven't done age stuff. I would, but I haven't.

You tried IVF before using a surrogate to have York. What was that like?

BANKS It was emotional. LONDON She set up a nursery and she put a tile in the floor that said, "Mommy Already Loves You."

And then she found out the IVF had failed. It ripped my heart out.

BANKS In surrogacy there are so many stages. It's living on edge, until I held him. **LONDON** I kept saying, "You have a baby!"

What are Tyra's strengths as a mother?

LONDON The way she communicates with York. No baby talk, they have a conversation.

BANKS I don't talk down to children—they are

human beings.

How is your relationship with York's dad?

BANKS Erik and I are really good friends. We hang out. We have a teepee in the house, and [recently] I jumped in the teepee and Erik jumped in and York jumped in. It's nice to have that.

Are you dating?

BANKS I'm not talking about that!
When are you happiest these days?

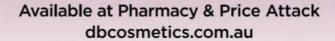
BANKS When York and my mom and I are snuggling in bed. The three generations together! ■ *By Aili Nahas*













Who's GUIDE TO THE LATE IN BEAUTY, STYLE AND WELLBEING **\$89** Will & Bear hat willandbear.com SEASON UPDATE Turn the leaf from autumn to winter fashion with these simple and chic new wardrobe additions **\$596** IRO blouse theiconic.com.au **\$229** Senso ballet flats senso.com.au **\$60** Next handbag next.com.au \$49 Topshop skirt topshop.com \$149 Asos trench coat asos.com/au \$29.99 H&M bag hm.com/au

STYLE RULES 101

DJ and influencer Hannah Bronfman teaches us three style lessons for our winter wardrobe



style



\$50 Roc Eyewear

roceyewear.com

\$494.92 Staud handbag shopbop.com

> \$59.99 H&M jeans hm.com/au

com.au

\$189.95 Alias Mae heels

aliasmae.com.au









COMPILED BY PAIGE MCMILLAN, GETTY IMAGES (7)

Who | 55

It's the black staple seen on the runway, celebrities and street style around the world



style





ER HAIR NTS&TRENDS

CURRENT TREND

"Layered lobs are making a comeback—my clients and I are totally feeling the short-hair vibes," says Colombini. For colour, Colombini says it's all about a look that appears to require no effort, "natural colours with a sun-kissed glow, like something that would happen by the sun naturally."

Colombini, whose tips include slowing down on colouring treatments and investing in a weekly protein-builder hair mask.

PRO PRODUCTS

"Ladies, trust me when I say adding a nourishing hair mask weekly is *the* change to your routine you may not know you need," says Colombini, adding, "ideally, you'll want to pick up masks with less sulphates and more pure ingredients to lock in every last drop of hydration. Thank me later!"

"When it comes down to it, we all know winter time means drier hair, which means we should be rotating between shampoos and conditioners

Akhal

Pure Rhassou

with added hydration, and don't be afraid to add a few drops of hair oil," notes Colombini. For at-home

treatments, he

\$20 Akhal Pure Rhassoul Clay akhal.com

> \$24.95 12 Reasons Marula Oil Serum i-glamour.com



recommends for his clients to have at least three different sets of shampoo and conditioners, and to "rotate

through those every time you wash."

ULTIMATE MUST-HAVE

"My holy grail is any kind of treatment mask that you can pop on in the shower for a few minutes, I know it may not seem like anything worthwhile, but these treatments truly do change your hair game."

\$28.95 Yarok Hair Feed Your Ends Leave-In Conditioner cleanbeautymarket.com.au



Celebrity hairstylist and the Kardashian and Jenner sisters' go-to mane man Jonathan Colombini shares his top tips for trends and haircare this winter



HYDRATION BAR

WHO popped in to QUE Colour in Sydney's Darlinghurst to try out the latest hydrating treatment with creative director Taylah Jones

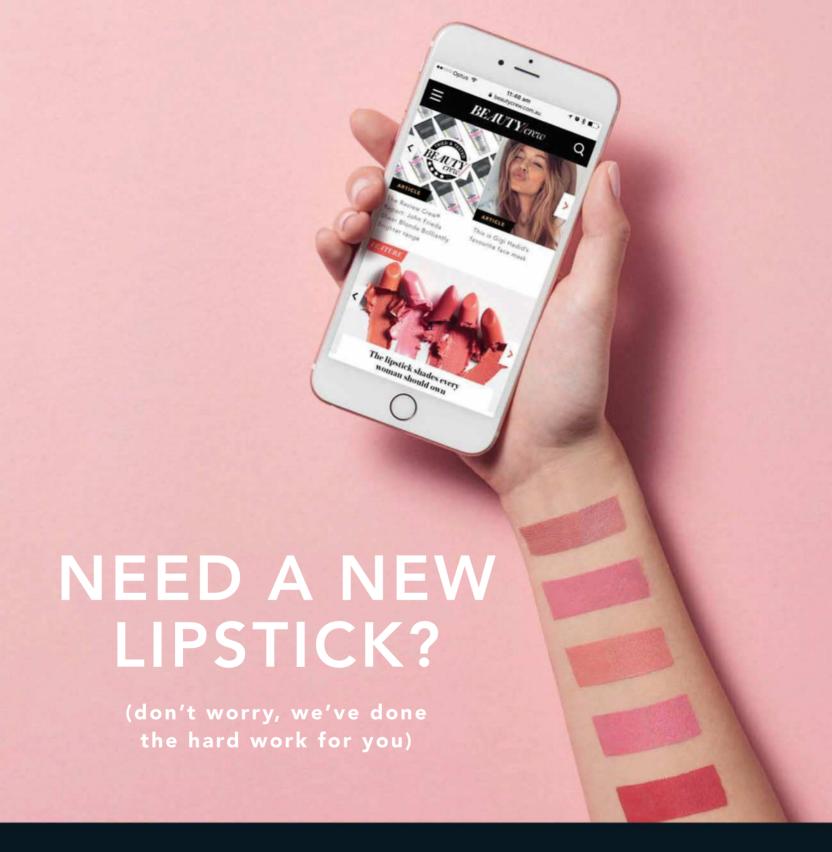
"This is the ultimate lazy-girl treatment! Perfect for the time-poor cool girl, with over-coloured, over-styled hair," says Jones. She shares her step-by-step run-down of the Christophe Robin Essential at-home treatment ...

Massage a small amount of nutrition-boosting pre-shampoo oil through the mid-lengths and ends, and either pull your hair up in a cool-girl French chignon and wear this to work for the day or sleep with it in overnight, for an intensely nourishing treatment that will repair the hair fibre.

After leaving the lavender oil in all day (or night) massage an SLS-free, low-shampoo cleansing cream into the

oiliest parts of your head—the crown, temples and nape. Leave on for 10 minutes before rinsing; the natural lemon zest will start to gently exfoliate and clean. In the shower, add small amounts of water to the scalp, while continuing to massage the cream until the product is rinsed away. These products are two in one: a scalp cleanser and conditioning mask. You won't need a separate conditioner.

Gently squeeze out any excess water and towel-dry hair, then pat on a nourishing and protective leave-in cream. Christophe's Daily Hair Cream with Sandalwood is my go-to, as it prevents split ends by sealing the cuticle naturally to stop breakage.



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Congratulations on your new role and strong

Congratulations on your new role with Pantene.

Thank you. I'm so excited to become an ambassador for Pantene, and to be helping launch the brand new Pro-V Foam Conditioner! It's an in-shower foam conditioner that is designed for women with fine hair—like me!—and hair that is prone to greasiness.

It's a foam conditioner—does that take some getting used to?

At first, I was pretty surprised by the texture—a foam conditioner? I'd never heard of that before. It has a bouncy texture, which is really fun to use, and I only need a palm-sized amount to spread evenly through my hair.

What's the key to beautiful hair?

I'm all about quick and effective solutions to keep my hair healthy

and strong and it all starts with the products that you reach for in the shower.

You keep your hair very natural. Would you ever change the colour or experiment with the length?

To be honest, I'd love to have the courage to cut all my hair off. But I think my blonde beachy hair look has become something I'm known for and a big part of my identity.

What are your favourite beauty treatments?

I love my facials from $\mathop{\rm Dr}\nolimits$ Colbert in

TOP MODEL TIP

"A facial once a month and always blend your foundation"

New York. We have been working together for almost seven years now. In Australia I have recently discovered Melanie Grant and she really has educated me on all things skincare.

Through winter, do you change up your beauty routine?

I definitely use a heavier moisturiser. And depending on how much I'm travelling, I double up on my sheet masks.

What's the best hair-care tip you've learnt through your modelling career?

I have been blonde for the majority of my career, so when I'm at the beach or near the ocean I always put in conditioner after I get it wet to add a protective layer on my hair.

\$32 Clarins Hydra-Essentiel Moisture Replenishing Lip Balm clarins com au



ADA ON-TRACK

KEY MOVES FOR CORE

Ada's trainer, Lia Jones, from Fit Me Jones, revels the top core exercises keeping Ada in shape



◆ Lie on your side with your legs stacked and fully extended with your forearm directly below your shoulder.
 ◆ Contract your core while raising your hips to align your body in a straight line from head to feet.
 ◆ Focus on keeping your balance and make sure to look straight ahead to maintain a neutral spine.



◆ Get into a push-up position on the floor. Elbows should be directly beneath your shoulders and the weight will be supported through your forearms and the balls of your feet. ◆ Contract your abs and glutes and your body should form a straight line. ◆ Hold this position for as long as you can, keeping good form. If you can hold it for 2 minutes, you can progress into many plank variations. ◆ Make sure to look down at the floor to maintain a neutral spine.



◆ Sit in a sit-up position, focus on bringing your chest up—this will help you to keep your back flat. ◆ Slowly and in a controlled manner, lean back and when you feel your stomach contract lift your arms straight out while you keep a strong spine. ◆ Lift your feet off the ground and hold this position for 30 seconds ◆ Make sure to look straight ahead to maintain neutral spine.

The 41-year-old 'Home and Away' star reveals her fitness secrets

s a single mum with a busy work schedule, Ada Nicodemou admits that staying fit and healthy "can be a bit challenging." Now halfway through an eight-week fitness challenge, the actress talks about her journey towards a new, healthier lifestyle.

How are you tracking at this point?

It's amazing, so good! I'm enjoying it and I'm learning a lot about myself. I'm still not at my end goal but I'm definitely feeling quite challenged, which is good.

You just turned 41, was it difficult to combine the challenge with birthday celebrations?

It's been a really busy time of year for me, with a lot of friends' birthdays and two engagements as well. That's been a little bit challenging, not being able to drink! For me, it needs to be about balance as well, so I will allow myself a couple of cheat days, and then carry on. The last thing I would want to do is have a cheat day and feel bad about it and let it affect the rest of the challenge.

So did you have a cheat day for your birthday?

I had a couple of glasses of champagne and I did have a piece of cake, but not the whole thing! On other days I've been strict. What's been great for me is that when you're trying to stick to a healthy lifestyle, having a time frame is great because it makes you accountable. Plus there's a photo shoot as well!

What have you learned about yourself doing the challenge?

I always thought I was quite disciplined, and I am an all-or-nothing girl. So I'm learning about balance. It's OK to cheat, just be really strict the rest of the time. I'm also learning a lot about training—about what I'm really doing and why.

Do you feel any different?

I feel stronger, I've got more energy and my body feels firmer, which is nice. I still feel like I could work on getting more rest, that's still a struggle for me. I haven't actually lost any weight yet and I haven't measured myself, but I do notice a difference in my body. I have started toning up in my legs, bottom and arms.

What's been the hardest thing?

For me, like so many women, I'm so time-poor and one of the hardest things is the early mornings at work. I could have two to three breakfasts because I'm awake so early! I feel like I'm always hungry but now I'm eating healthier, I'm not as hungry—although I'm still a big eater. I take some time to prepare my meals. When you're more organised, you make better choices.







CHEESY CORN CHIP CHICKEN NUGGETS

Serves 4, prep 25 mins, cook 20 mins

WHAT YOU NEED

500g chicken breast fillets

200g bag cheese-flavoured corn chips

⅓ cup plain flour

2 tbsp fajita spice mix

2 tsp garlic powder

2 eggs, lightly beaten

Olive oil cooking spray

Sour cream and sweet chilli sauce, to serve

- Cut chicken into 3cm pieces, about 1.5cm thick.
- Pulse corn chips in a food processor to form coarse crumbs. Transfer to a shallow dish.
- Combine flour, spice mix and garlic powder in a large bowl. Dust the chicken pieces in seasoned flour. Shake off excess.
- One at a time, dip in egg then coat in corn chips, pressing firmly onto chicken pieces. Place on a large oven tray lined with baking paper. Spray oil over top.

Cook in a moderately hot oven (190°C) for about 20 minutes, or until lightly golden and chicken is cooked through.

Serve nuggets with sour cream and sweet chilli sauce.

SWEET POTATO AND CORN FRITTERS

Serves 4-6, prep 20 mins, cook 20 mins

WHAT YOU NEED

400g sweet potato, peeled, coarsely grated

coarsely grated 420g can corn kernels,

1 small red onion, finely chopped

⅓ cup chopped fresh coriander

1 cup self-raising flour

1/2 cup grated Tasty cheese

3 eggs

drained

¾ cup sour cream

100g original salted corn chips, crushed

Vegetable oil, for shallow frying

Tomato relish, to serve Fresh coriander leaves, to garnish Using your hands, squeeze out the liquid from sweet potato. Transfer potato to a large bowl.

Add the corn, onion, coriander, flour and cheese. Season with salt and pepper. Stir until combined.

Whisk eggs and sour cream in a jug until combined. Add to potato mixture. Mix well. Just before starting to cook fritters, stir in corn chips.

Heat enough oil in a large, deep frying pan to shallow-fry over a medium heat until hot. Add ¼ cup mixture, spreading slightly to make a fritter (about 7cm in diameter). Repeat to make three more.

Cook for about 2 minutes on each side, or until golden brown. Remove. Drain on absorbent kitchen paper. Cover to keep warm. Repeat with remaining mixture to make about 20 fritters in total.

Serve warm fritters with tomato relish. Garnish with coriander.





MEXICAN BEEF AND BLACK BEAN PIZZA BAKE

Serves 4, prep 15 mins, cook 15 mins

WHAT YOU NEED

500g beef mince

2 cloves garlic, crushed 35g sachet taco

seasoning

3/4 cup water

2 tbsp tomato paste 400g can black beans, drained, rinsed

250g cheeseflavoured corn chips

1½ cups grated pizza cheese

½ small green capsicum, thinly sliced

½ medium red onion, thinly sliced

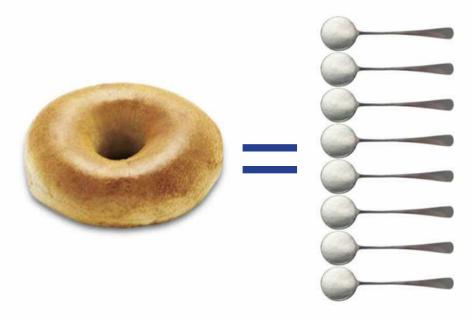
Chopped avocado and chipotle aioli, to serve Heat an oiled, large, non-stick frying pan over a medium to high heat. Add beef and garlic. Cook, stirring, breaking up mince, for about 5 minutes, or until changed in colour.

Stir in seasoning, water and paste.
Cook, stirring occasionally, for about 5 minutes, or until slightly thickened and liquid is absorbed. Stir in beans. Season with salt and pepper. Remove from heat.

Spoon corn chips over the base of a round ovenproof dish. Sprinkle over 1 cup of the cheese. Spread beef mixture over cheese. Scatter over capsicum, onion and remaining cheese.

Cook in a moderate oven (180°C) for 15 minutes, or until cheese is melted and beef is hot.

Top pizza bake with avocado. Drizzle over aioli.



The 'Hidden Sugar' Effect.

Did you know that when you eat a bagel it might have the same effect on your blood sugar as eating eight teaspoons of sugar? Probably not the outcome you had in mind. But, have this delicious, super creamy Atkins Smooth Chocolate Shake instead, and the effect on your blood sugar is only one teaspoon of sugar!* That's the 'Atkins Effect.' And, being rich in protein and lower in carbs, you might love what the Atkins Effect can do for you... whether you're doing Atkins, or not.



The Atkins Effect.





¹⁵ g protein

1000scope

WHAT YOUR STARS SAY THIS WEEK, JUNE 10-17

ARIES

MARCH 20-APRIL 18

This is the ideal climate in which to get business projects off the ground and develop new ways to improve your income. On the other hand, too much expenditure could throw your finances out of whack. And then there is love. An affair may suddenly begin or someone you believed had no interest in you whatsoever could declare feelings. For more, phone 1902 261 655.

TAURUS

APRIL 19-MAY 20

Home appliances require a little more care—don't ignore any distress signals—and where family relationships are concerned, be prepared to be patient. Whatever is born at this time—whether in the way of projects or passions—marks a departure from the past. And it is a good thing, even if it feels frustrating at the time. For more, phone 1902 261 655.

GEMINI

MAY 21-JUNE 20

One size does not fit all, and for a few Geminis this week of promise could instead produce an event that knocks you backwards. However, sometimes we need that kick start from the universe because unknowingly we were headed in completely the wrong direction, and what we thought was golden is in reality tin. For more, phone 1902 261 655.

CANCER

JUNE 21-JULY 21

Mercury and Saturn are currently at opposite ends of the zodiac, which may explain why you're not feeling the joy. All things Saturnian pass, of course, and what will help this difficult planet's influence fade all the quicker is to tackle a situation you've been avoiding for a while. Turn that obstacle into an opportunity. For more, phone 1902 261 655.

LEO

JULY 22-AUG. 22

One thing you can guarantee with quirky Uranus is that it inspires sudden and unexpected events. Someone could sweep you off your feet, a long-term relationship might get its mojo back, but it is also possible that a relationship in trouble snaps. It may not be terminal, but something needs to change. For more, phone 1902 261 655.

VIRGO

AUG. 23-SEPT. 22

If you have been suppressing your feelings or ignoring signs and signals, events could well awaken you to the truth. There is nothing to say that this awakening will not be welcome but it could temporarily throw you off balance. What emerges now needs to be dealt with honestly and fearlessly. It's good to know where you stand. For more, phone 1902 261 655.

LIBRA

SEPT. 23-OCT. 22

Arguments over money are never pleasant, so in the event of an unexpected item of expenditure or some other unanticipated expense, hold your ire! Finances are best sorted when calm and collected. They need common sense not drama. Conversely, you may be in the fortunate position of receiving an unexpected bonus. For more, phone 1902 261 655.

SCORPIO

OCT. 23-NOV. 21

Venus hooks up to unpredictable Uranus, setting the stage for a new romance, a fresh stage of a long-term relationship or a rupture in a friendship or love affair. Don't be too hasty to sever a connection or put your whole heart into a new relationship. Uranus can spark powerful attractions but they are often short-lived. For more, phone 1902 261 655.

SAGITTARIUS

NOV. 22-DEC. 21

Your role for the next few weeks is to listen to other people's needs and feelings and to give way, even when it's not your preference.
Selflessness is a good lesson to learn. And this advice could come in particularly handy in this volatile climate. Taking the path of least resistance could save you a whole lot of bother. For more, phone 1902 261 655.

CAPRICORN AQ

DEC. 22-JAN. 20

No-one would describe a Mercury-Saturn opposition as fun on sticks, but it does have purpose. Don't drape the crepe just yet, Capricorn: as I often say, relationships have seasons and winter always gives way to spring—a thought that could well apply to other situations that are currently causing angst. For more, phone 1902 261 655.

AQUARIUS

JAN. 21-FEB. 18

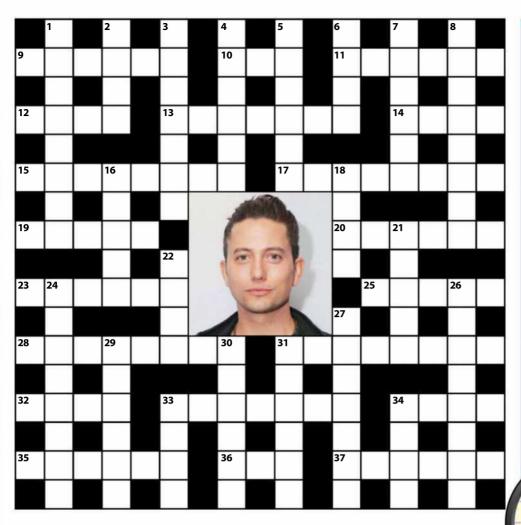
Venus's arrival in the relationship zone may coincide with plans already made for a special date or a joint venture. But if you're feeling listless and loveless, here comes the one planet you need to bring a little romance into your life. And for some Aquarians, the thunderbolt of love is set to strike any day now. For more, phone 1902 261 655.

PISCES

FEB. 19-MARCH 19

Before you react to a piece of great news or quite the reverse, hold your horses. You may have a bee in your bonnet about something and should events conspire to bring that situation to the fore, before you can say barramundi! there'll be no turning back. Actions taken in the heat of the moment are rarely ones we do not regret. For more, phone 1902 261 655.





10-MINUTE TEASER

- Riverdale and Jericho star Skeet ____(6)
- 10
- Dua Lipa hit "___ Rules" (3)
 Dirk Gently's Holistic Detective Agency and Lord of the Rings star ____ Wood (6)
- 12 The Librarians and ER actor Noah (4)
- "Material Girl" singer (7) 13
- **14** Mia Wasikowska film *Jane* ____
- 2011 Gotye chart-topper "____ That I Used To Know["](8)
- Heath Ledger and Julia Stiles teen comedy 10 Things I Hate ____ (5,3)
- Linkin Park A Thousand Suns single "Burning In The ____" (5)
- The Walking Dead actor Reedus (6)
- Jet track " Gonna Be My Girl" (3,3) 23
- 2012 Imagine Dragons tune "____ Of The World" (2,3)
- 28 Music biopic Outta Compton (8)
- Meghan Trainor song "Hopeless ____ " (8) 31
- **32** Hugh Grant film *About* ____ (1,3)
- 33 Hilary Swank and Clint Eastwood boxing drama ____ Dollar Baby (7)
- **34** Willow Smith track "Whip My ____" (4)
- Andrew Denton talk show ____ Rope (6)
- The DUFF and Good Girls actress Whitman (3)
- Indignation and The Perks of Being a Wallflower star Logan ____ (6)

- Jennifer Lawrence and Bradley Cooper film Silver Linings ____ (8) Australian fashion label sass & _
- 2
- 3 The New Legends of Monkey and Gary of the Pacific actor Josh ____ (7)
- Vaults cover "____ I'll Fly Away" (3,3)
- 5 Don Cheadle drama Hotel (6)
- Bates Motel star ____ Farmiga (4)
- 7 KC & The Sunshine Band pop tune "____ Up''(4,2)
- 8 Getaway presenter ____ Rowntree (8)
- **16** Will Smith spy thriller ____ of the State (5)
- Taboo actress ___ Chaplin (4)
- Irish "If Tomorrow Never Comes" singer Keating (5)
- 22 Male escort comedy series (4)
- The Twilight Saga and The Last Airbender actor Jackson ____ (8; pictured)
- INXS single "____ Sin" (8)
- Everything, Everything and As You Are star Stenberg (7)
- Crowded House song "Fall ____ 29 Feet" (2,4)
- **30** 2017 Demi Lovato single "____ You Love Me" (4,2)
- **31** Egg and Orange is the New Black actress Alysia ____ (6)
- Suburgatory actor Jay (4)
- **34** Usher album ____ *I Stand* (4)

SUDOKU

Place a number from 1-9 in each empty square so each row, column and 3x3 block contains all the numbers from 1–9. This puzzle is EASY.

						5		3
	9	8	5			4		
5			4		9		1	6
				6	7	3		
	7	1				3 6	5	
		6	3	1				
2	3		8		4			5
		9			3	7	4	
1		5						

SCRAMBLER

Create words of four letters or more using the given letters only once, but always including the centre letter. Do not use

> proper names or foreign words. Can you find the nine-letter word?

> > How did you score?

GOOD: 15+ VERY GOOD: 25+ **EXCELLENT:** 35+

LAST WEEK'S ANSWERS

10-MINUTE TEASER

Τ.	Н	1.	S	F	1.	R	Е		R	Е	M	Е	M	В	Е	R
	Е		U		М		D		U		Α		Α		Α	
S	Α	٧	Е		М	Е	G	Α	N		G	R	U	D	G	Е
	Т				0		Ε		W		Ν		R		L	
С	Н	Υ	L	Е	R		0	S	Α	G	Е		Α	В	Е	L
			1		Т		F		Υ		Т					
Α	М	Е	L	1	Α						0	Q	U	L	Ν	N
	Α		L		L								N.		0	
В	R	Е	Α	K	S						L	1	K	Е	L	Υ
	С		R								Α		Ν		Т	
S	Н	Α	D	0	W						В	R	0	Κ	Е	N
					Τ		S		Α		Υ		W			
М	Е	R	С		G	Ε	Т	U	Р		R	Α	Ν	S	0	М
	J		Υ		М		R		Α		1				F	
В	0	R	N	T,	0		Α	S	Т	J.	N		W	0	0	D

SUDOKU

6	9	4	3	1	8	2	7	5
5	7	3	2	9	6	4	1	8
1	8	2	4	5	7	3	6	9
8	2	1	7	4	5	9	3	6
4	5	9	1	6	3	7	8	2
3	6	7	9	8	7 5 3 2 1 4 9	1	5	4
9	3	5	6	2	1	8	4	7
2	1	8	5	7	4	6	9	3
7	4	6	8	3	9	5	2	1

SCRAMBLER

able, abler, aerial area, bailer, bake, baker, bale, baler, bare, beak, bear, bier, bike, biker, bile, bilker, blare, bleak, blear, brake, break brie, earl, ilea, jailer, jerk, jibe, kale, kerb, kier, lake, leak, like, liker, rake, real,

Nine-letter word jailbreak



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BY DEBORAH GRUNFELD





Foster (right) and co-star Hilary Duff make deception their job.

STREAMING

YOUNGERSTARRING: Sutton Foster

Back for Season 5, Foster's series still defies age. The addictive sitcom picks up right where things left off last year. Fortysomething Liza (Sutton Foster) is still pretending to be a late-twentysomething to keep her job in Manhattan publishing while juggling complicated friendships, romances—Liza is still wobbling between her younger paramour, the newly married Josh (Nico Tortorella), and the more suitably aged if equally unavailable Charles (Peter Hermann)—and who does and does not know her secret. The series continues to deliver a clever mix of comedy and empowerment. The first episode, for example, includes references to sexual harassment and the #MeToo movement (along with fur bikinis and Game of Thrones). There might also be a long-overdue reveal on the horizon.

**** (Season 5 now on Stan)

WHAT'S NEW?

THE TRUTH **ABOUT SLIM PEOPLE**

Anne Marie loves her Maccas nuggets and never walks when she can drive. So why is she skinny? (Airs Wed., June 13, 7.30 PM; SBS)



TRAUMA

The Doctor Foster team's new tricky thriller, in which a grieving father vows revenge on the doc who failed to save his son. (Airs Wed., June 13, 8.30 PM; BBC First)



FUTURE MAN

Josh Hutcherson is an obsessed gamer-whose skills may just end up saving the world, Back to the Future-style. (Starts Wed., June 13, 8.30 PM; Comedy Channel)



CHEWING GUM

British humour: Tracey (Michaela Coel) is a good girl torn between her duty to Jesus and her belowpants desires. (Starts Thurs., June 14, 9.30 PM; ABC Comedy)



COUNTERPART

J. K. Simmons (The Closer) intrigues playing two versions of a Berlin spy agency employee in a sci-fi thriller. (Episode 1 airs Sat., June 16, 10.30 PM; SBS)





STARRING: Jenna Fischer, Oliver Hudson

Like House Husbands, a drama that followed on from the trend of stav-athome dads, this sitcom takes the sadly common situation of couples who want to divorce but can't afford separate accommodation—and mines it for comedy. Thinking they are done with their

SWEET COUNTRY STARRING: Hamilton Morris

The complex reasons—trauma, prejudice, faith that cause people to behave the way they do are explored in this finely painted character study set between the wars in remote Australia. It would seem from the start that Sam (Morris) is a good man, treated well by his white boss Fred (Sam Neill) and, in turn, treating well his wife Lizzie (Natassia Gorey Furber) and niece. By contrast, Harry (Ewen Leslie) seems bad-racist, sexist and violent-though his nature is somewhat explained with haunting flashbacks to the WWI trenches. Understanding is not the same as forgiveness, so when Harry seems intent on killing Sam and Lizzie, Sam acts in selfdefence. Stressed and on the run from the law (in the shape of Bryan Brown), Sam is no longer as upright. Will justice prevail? And can it, when justice means different things to different people? A beautifully shot thought-provoker. *** (Out now)







relationship, Lena (*The Office*'s Fischer) and Martin (*Nashville*'s Hudson) have agreed that each of them gets a week on (stay in the big house and parent their three kids) while the other has a week off (live in the damp, centipede-infested garage). Duty and comfort vs freedom and insects ... hmmm, tough choice. The humour is light and breezy, except when things get reflective. It's hard to move on from your past when it's still present in your future. *** * (*Starts Wed., June 13, 9.45 PM; Seven*)





MOVIES: WISE WOMEN

TEAWITH THE DAMES

STARRING: The creme of British cinema

For six decades, a quartet of extraordinary women have been making their mark on the UK stage and screen—and become lifelong friends in the process. They've also all been honoured by the Queen. This charmer captures an afternoon with forthright fellows Dame Eileen Atkins, Dame Judi Dench, Dame Joan Plowright, and Dame Maggie Smith as they catch up and reminisce. ***





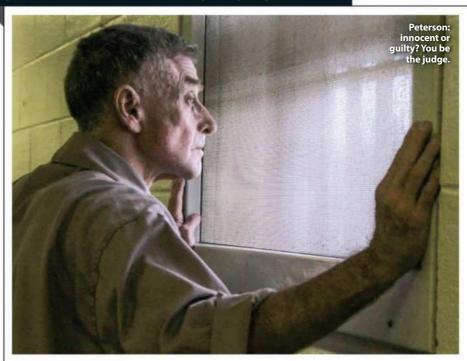
FOOD FIGHTER

STARRING: Ronni Kahn

What was supposed to be a didactic lesson on how to save the planet and end world hunger turns out to be much more than that. It's a delightful portrait of a strong woman—Kahn started OzHarvest, fast becoming a global enterprise—who won't take "no" for an answer (though maybe she'll tolerate a "not yet") and by so doing has moved mountains and made doing good fashionable. *** (Out now in limited release)



STREAMING GUIDE



THE STAIR CASE STARRING: Michael Peterson

Whether you are already a fan of this superb true-crime story about North Carolina's Peterson, accused of murdering his wife in 2001, or whether you have never seen the show before, there is fresh reason to catch the series. The story, with all its twists and turns, would be unbelievable if it were a

crime procedural. But the filmmakers have pulled together an incredibly compelling tale with unprecedented access to both the defence and the prosecution. And now there are three fresh episodes with the latest developments in the ongoing saga. **** (On Netflix from Fri., June 8)



THE GOOD DOCTOR STARRING: Joo Won

For so many of you who have already watched the US version of The Good Doctor-the No. 1 drama in Australia in 2017—it will be strange to see how many of the scenes in the adaptation were re-created from the Korean original, brought to the US by Hawaii Five-0 star Daniel Dae Kim. But there are differences, and Won as the protagonist Park Shi Ohn has his own take on playing an autistic doctor who wants to be a surgeon that differs from Freddie Highmore's. And Park works in paediatricsthose sick kids sure tug at the heartstrings. *** (Streams on SBS On Demand from Tues., June 12)

NEW SEASON SCHITT'S CREEKSTARRING: Eugene and Daniel Levy

Co-creator Daniel Levy made the genius move of hiring his dad, comedy legend Eugene, and his frequent film offsider Catherine O'Hara (Best in Show, Waiting for Guffman) for this single-cam Canadian masterpiece about a wealthy family who lose everything they own thanks to a shady business manager. The only asset they have left is a tiny, backwater town called Schitt's Creek (bought as a 'dad joke' for his son's birthday) where they must relocate and start over. Hilarious and heartfelt, it's the most fun family dynamic.

**** (Season 4 now on Netflix)









FIRST

NEW COBRAKAI

STARRING: Ralph Macchio, William Zabka

Forget the film sequels that followed Daniel-san's crane-kick triumph over golden boy Johnny in 1984's The Karate Kid—this is the where-are-they-now we never knew we wanted but apparently do. As an adult, Daniel LaRusso (Macchio) has gained a wife, two kids and much wealth as a hot-shot LA car dealer, while Johnny Lawrence (Zabka) is a beer-swigging contractor down on his luck and estranged from his ex-wife and son. However, a karate-inducing incident causes Johnny to revive the Cobra Kai dojo ("Strike fast, strike hard, no mercy") to help bullied kids and Daniel to revive their rivalry. Created by Harold & Kumar writers Jon Hurwitz and Hayden Schlossberg and Hot Tub Time Machine's Josh Heald, this 10-part series has movie flashbacks, humour, heart and classic '80s tunes. *** (Now on YouTube Red)

FUNNIES

OUTSTANDING STAND-UP

There's no better cure for the winter blues than a barrelful of belly laughs and Netflix has a full line-up of offerings from both well-known US comedians and local fave Hannah Gadsby from Tasmania. ***

(Now on Netflix, except for 'Nanette', which streams from June 19)



Ricky Gervais: Humanity



Hannah Gadsby: Nanette



Ali Wong: Hard Knock Wife



Steve Martin and Martin Short: An Evening You Will Forget For the Rest of Your Life

BOOKS GUIDE



AUTHOR CHAT

GAYLE FORMAN

YA sensation Forman, whose 2009 novel If I Stay became a big-screen drama starring Chloë Grace Moretz, returns with another emotional yarn about friendship and finding our voice. In I Have Lost My Way (Simon & Schuster, \$19.99)—told over the course of a day from three perspectives—the

Brooklyn-based author explores the transformative power of music, alongside themes of mystery, tragedy and romance, as she tells WHO's Karina Machado.

What inspired your new book?

I wrote my last YA novel in 2011 (it was published in 2015) and I spent a good chunk of years, trying,

and failing, to write something new. I began, and then abandoned, seven different projects. I hated everything I was producing. It all seemed trite, wooden, inauthentic. I began to wonder if I could write anymore. I have told myself stories since before I could write—it was how I made sense of the world, how I kept myself company—and now I couldn't. I kept thinking, "I have lost my way." And then after a few months of this, the [protagonist] character of Freya was saying it, too. That was the spark of the book.

Themes of loss and fate are prominent in your work. What drives your exploration of these big ideas?

I am interested in finding meaning in pain, not why it happened, but what can happen as a result of it. Sometimes the hardest experiences are the most clarifying. Loss or trauma, once we get over the initial jolt, can redirect lives.

Music plays a big part in this novel—how important is music in your life?

Huge. It's been in four of my six YA novels. Music is an emotional language. Sometimes you hear a song and it elicits such a pure reaction unlike anything else. There's also just something about a young person committing to a life of creativity ... My oldest daughter is entering high school and she really wanted to go to a performing arts school. On the day I dropped her off at her audition there were hundreds of young people

streaming into the building—holding instruments, wearing dance gear, clutching art portfolios. All that youth and art and hope and possibility. I was incredibly moved.

How are you navigating the teenage years you explore in your books?

I have two girls, ages 10 and 13. My younger one is too little to read the

books, but she's sweetly supportive. My 13-year-old is actually kind of helpful. I have a love/hate relationship with social media. I like how it connects and informs, but dislike how it makes me frame experiences as something for broadcast. My daughter loves that. She's come of age with it. It made me understand Freya a little bit more.

What memory most stands out to you from your own teen years?

After I graduated high school, I bought a one-way ticket and a backpack and took off travelling through Europe. The first stop was Amsterdam and my friend and I got hopelessly lost finding our youth hostel. I remember how out of place I felt. How young and stupid. And how a few months later, I returned to Amsterdam, as a seasoned traveller, comfortable in a world that had seemed so foreign. I've never stopped relishing the moment when the unfamiliar and intimidating become known.

Is there a film in the works for this book?

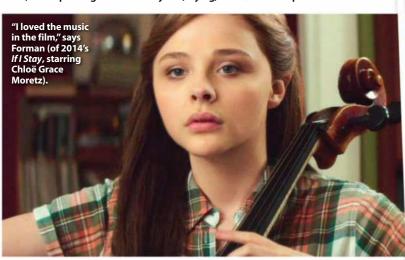
We are only just now sending it out to the Hollywood folks. But I have a really strong vision of how this should be and I'm excited to get going on it.

Were you pleased with the film of If I Stay?

Oh, yes. A lot of fans told me how much they loved the movie and how it wasn't different from the book at all. It was quite different in fact. You have to make changes and choices when you adapt a book. But the fact that fans felt this way means that the emotional experience of the film reflected the emotional experience of the book, and that to me is a sign of a successful adaptation.

What's next? Are you brewing a new story?

I have so many different projects in the works. I seem to have come out of that creative slump with a new energy. I'm interested in different ways to tell stories about different characters. So I'm very excited about what the next few years will bring.





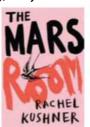




NEW THE MARS ROOM Rachel Kushner

Romy Hall is a native of San Francisco—not the postcard dream of steep hills and cable cars but a scrappier, almost feral nether land of teenage delinquency, seedy

flophouses, and \$20-a-song strip clubs. She's a dancer, a single mother, and, by 2003, a convicted murderer serving two life sentences. Kushner is a sort of genius of loneliness; her stories slink in the margins, but they have the feel of something iconic. Romy might not be going anywhere fast, but she's alive on every page, raw and beautiful. **** (Out now)



JESSICA TOWNSEND

The debut author of 2017's Nevermoor—the first of a nine-part series for children—ruled the night at last month's Australian Book Industry Awards in Sydney, picking up the Matt Younger Readers; and the coveted Gold ABIA for Book of the Year. The Sunshine Coast author, 33, who humbly swats away comparisons to J.K. Rowling, told WHO's Karina Machado about what's next in the wake of her game-changing triple victory.

How do you feel about winning these awards?

I'm completely stunned, and of course delighted. The Australian book industry is thriving right now, and I'm so honoured to have been recognised by the ABIAs among an incredible shortlist of writers

You were in the UK when you found out—what's behind your love affair with England?

I lived partly in the UK (and partly on the Sunshine Coast) during my twenties when I was writing

Nevermoor ... London is my favourite city in the world, and much of Morrigan's story reflects what I felt when I first moved there—she lands in a magical, vibrant city that takes her by surprise yet somehow instantly feels like it belongs to her.

What can you tell us about your new book?

My next book is Wundersmith: The Calling of (published by Hachette Australia on Sept. 25). It takes us back to *Nevermoor*, where Morrigan has joined the Wundrous Society and is discovering more of the dangers and magic of the world.

What other new ideas are brewing?

Morrigan Crow takes up all my head space at the moment. I've always planned this as a nine-book series, and I have a solid road map for where the story is going. But there are constantly new Nevermoor ideas in my brain



Century Fox and Drew Goddard

lexecutive producer of 2015's sci-fi thriller The Martian] is on board to write and produce, which is incredibly exciting. He's passionate about storytelling, and he wants to do the right thing by the book and its readers.

What would you say to other young writers out there who are nurturing a dream?

It took me a long time to finish Nevermoor, and there were a lot of points at which I might little story I was telling. So, my advice to anyone wishing to finish writing a book is to write the thing that lights you up inside—not necessarily what other people want to read, or what you think publishers want to publish. Publishing trends change; if you write the thing you truly love, no matter how weird it might seem, others will connect to the specificity of it. And don't give up.

PLUS

TOP PICKS TO WELCOME WINTER

DAVID SEDARIS

Little. Brown

US essayist Sedaris is a fine miniaturist—and not because he's 1.65m tall ("'Pocket gays,' we're sometimes called"). Whether the subject is his Fitbit obsession, a benian



tumour or his sister's suicide, he delivers compassion, hilarity and a sense—even in the most outlandish story—that you're learning a larger truth. **** (Out now)

CHRISTINE MANGAN

Hachette Australia

George Clooney has optioned the film rights to this thriller, and it's not hard to see why: exotic '50s setting, unreliable narrators, mysteries clouded in madness ... Newlywed Alice is



transported to Morocco by her obnoxious husband. Also new to Tangier, her scheming college room mate Lucy, who's trying to track down her estranged partner. Evocative of Patricia Highsmith and Hitchcock, but more imitative than original. *** (Out now)

CASS HUNTER

Trapeze

Rachel and Aidan are madly in love, but after a freak accident their family is shattered beyond repair, and a devastated Aidan is left to care for their daughter alone. But



Rachel, the most brilliant scientist in the country, has left them her life's work, a very personal gift to watch over them in their grief. Can Aidan and Chloe accept Rachel's gift, and will love last even beyond the grave? A moving exploration of love and loss. $\star\star\star\star$ (Out now)

TIM WINTON

Hamish Hamilton

It's another West Australian journey, but this time Winton takes us away from his beloved coast and deep into the blazing heart of the desert and the bruised soul of 15-year-old Jaxie. As he starts



out on the same destructive path as his abusive father, it makes for uncomfortable reading, but Jaxie's headlong flight dislodges enough of the red dust of despair to reveal a tiny possibility of sanity and rescue in the unlikely hut of the title and its inhabitant. *** (Out now)



THE WRITER, DIRECTOR AND ACTOR IS NOW A MUSICAL FORCE AS HIS ALTEREGO "CHILDISH GAMBINO"

now, it's still very personal and I feel like there's a certain chip on my shoulder to keep doing certain things, or breaking that and opening certain things.

How do you keep up with your different projects?

I don't know. I don't think I have ever been a really good multitasker. I think I give something 102 per cent when I am on it, and then I go to the next thing. In my room, I might have a laptop where I am listening to my music and working, and I also might have an outline on the wall. So they tend to influence each other.

You've become a leading social commentator with your video and show commentaries.

I feel very responsible in being a figure to speak somewhat the truth and trying to give people perspective. I don't feel like it's my job to rile people up only, but there is an honesty that I feel like I have to portray because otherwise I am not making art, I am just entertaining—which is fine, but I don't want to be an entertainer. I would rather speak the truth to people.

So what does "This Is America" represent for you?

Now we are so connected, and rap is pop, and you go to London and we sound like that here, and we pick up on everybody's feelings, and all these countries are going through the exact same thing at the exact same time, and this is the first time you can make a statement and say, "This is America" and everybody says, "Yeah, you're talking about us, too," which I think is important. So I can't really explain the video or the song, but I love hearing what other people have to say, because I think that is what it is.

■ By Cynthia Wang with reporting by Jenny Cooney Carrillo



WHAT 'THIS IS AMERICA' MEANS

As Childish Gambino, the nom de rap he crafted through a Wu-Tang Clan name generator, Donald Glover debuted his latest single "This Is America" on Saturday Night Live and created a firestorm. Not only did his song, combining elements of hip-hop, gospel and trap, enter the Billboard and ARIA charts at

No. 1, the mesmerising and jarring video, directed by frequent collaborator Hiro Murai, has become a viral sensation and oft-dissected film piece about race and justice. Alternating scenes of joyful dancing with assassinations, the clip, says New Yorker culture writer Doreen St Félix, "has

already been rapturously described as a powerful rally cry against gun violence, a powerful portrait of black-American existentialism, and a powerful indictment of a culture that circulates videos of black children dying as easily as it does videos of black children dancing in parking lots."

HIS OTHER ROLES Silly, serious or singing, Donald Glover commands attention



COMMUNITY Former high-school gridiron hero Troy finds like-minded nerd peers at Greendale Community College.

SOLO: A STAR WARS STORY

Before becoming the Bespin bigwig played by Billy Dee Williams, Lando Calrissian was a smooth smuggler with love for his droid 13-37



SATURDAY NIGHT LIVE

Not only did he host the May 5 episode of the US TV sketch staple, as Childish Gambino, he was also the musical act.

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"We have a text chain, we talk, we fly around to see each other—we make it work in many ways," says Hutcherson

of keeping up

ith his Hunger

Games co-stars.



The comedian and Feed presenter, 33, tells WHO's Cynthia Wang how regional Australians from migrant communities respond to the "double from" question in the three-part doco Where Are You Really From? (starts Fri., June 8 at 7.30 PM on SBS).

Have you encountered the question?

My family, as far back as I've ever known, has been in Australia, like, a 100 years. But people ask me, "Where are you from?" And I say Sydney, or Illawong, which is where I grew up, and that answer is never good enough. And then there's the moment when you both realise what the person actually meant was, "You look different."

So how have the communities you visited faced that issue?

For some, it was about, "If someone is racist to me, I'm going to show them that they're wrong and I am better than them," so it drove them to be high-achieving migrants. For others, it was about fighting back and being vocal about it.

You address race in your stand-up routines

When I started doing comedy in the late 2000s, there was a clear expectation that the audience wanted me to talk about ethnicity, but I didn't want to do it in a way that would be misinterpreted, that people would think I was embodying stereotypes. So I ended up talking about race very blatantly.

Yet you reckon you're only our third or fourth favourite Asian-Australian comic?

Well, there is the *other* cultural thing where you could never acknowledge your success, ever, or you will be hounded out of town with pitchforks, so I will maintain my vague ranking. Certainly *out* of the top two!





What meat dress? Lady Gaga couture wardrobe for a week's



MANU'S MOVIE MENU

Celebrity chef Manu Feildel, onscreen in this year's foodie film *The BBQ*, has created Menu By Manu for Hoyts Cinema Lux to make movie-going a feast.

Lux to make movie-going a feast.
"I was worried about things you can
eat with your fingers, but without
too much dripping sauce," he says
of his bite-sized gourmet pies and
bestselling duck steamed buns
(see right). Even so, he gives top
marks to the following staples.







back chat

TOUGH ASK WITH ...



CATRIONA ROWNTREE

or more than two decades, she's told Aussies where to go, but the *Getaway* presenter, 46, who has had a dream job traipsing around the world, has had her share of dodgy trips, too, as she tells WHO contributor Shannon Molloy.

What's the worst holiday you've had?

I could write a book. There was being snowed in while camping in the Rocky Mountains and waking to bear footprints surrounding my tent. There was being tear-gassed in Jerusalem. And once I was stuck on the world's most boring river, pretending to like fly-fishing to win over this guy. He ended up marrying me, so maybe it wasn't all bad.

What's the least glamorous part of working in television?

Walking down the street and being told by someone: "You're not nearly as fat as you look on the telly!" Oh, yeah. It happens quite a bit. My self-esteem is solid.

Are you engaged in politics?

Absolutely. I love being informed and offering an educated opinion. But between Barnaby, Trump and Trudeau, it beats the hell out of reality TV lately.

Is feminism still relevant today?

Has it ever lost its relevance? Feminism is about equality for all. That's a common, daily goal we all share and one that never goes in or out of favour.

What's your failsafe excuse for getting out of a dinner invitation?

"I think I'm travelling then..."
But if I say it to you, I
swear it's the truth!

Will you let your kids go to Schoolies?

And come home with an STD? I don't think so. ('Getaway' airs Sundays, 5.30 PM; Nine)



As the 'MKR' judge creates high-end treats for Hoyts Lux, he rates the classics







the studio

CLOCKWISE FROM LEFT: NETWORKTEN (2); SPLASHNEWS; GETTY IMAGES (3); SPLASHNEWS; GETTY IMAGES (2); ABT-TV (2);

Who | 83

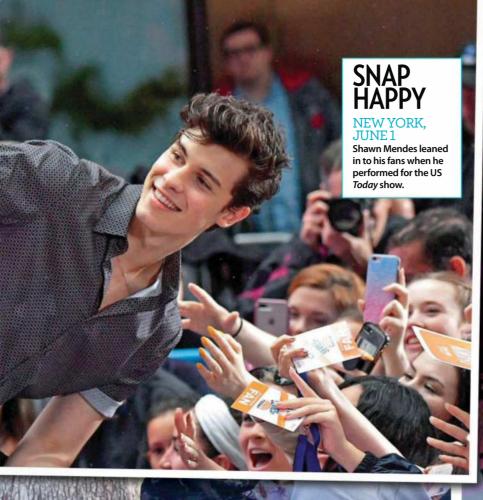


















Meghan's ex plans his own big show

While Meghan Markle and Prince Harry's May 19 nuptials are still fresh in the minds of royals fans, the new Duchess of Sussex's ex-husband has another wedding to think about: his own. Trevor Engelson—who wed Meghan in 2011 in a marriage that lasted two years—popped the question to nutritionist Tracey Kurland in California's Napa Valley on June 1, according to the *Mail on Sunday*. The 41-year-old film producer and talent agent also shared the happy news on his private Instagram page, with a photo of his bride-to-be's diamond engagement ring. "Luckiest guy I know!" Engelson captioned the post, according to the newspaper. "Get ready to party."

BABY NEWS

Rose, 35, welcomed

daughter Isla Rose, on

May 27. She joins big

their second child,

brother Frederick

Actress America Ferrera, 34, and her husband Ryan Piers Williams, 37, announced on May 30 the birth of their first child—a son named Sebastian. • Top Chef judge Gail Simmons, 42, welcomed her second child, son Kole Jack, with husband Jeremy Abrams, 39, on May 23. The couple are also parents to daughter Dahlia Rae, 4. • Actor Chris Klein, 39, and his wife, Laina

Easton, 2.

• Actress **Diane Kruger**, 41, is expecting her first child with her boyfriend, *The Walking Dead* star **Norman Reedus**, 49. Reedus has a son, **Mingus Lucien**, 18, with model **Helena Christensen**, 49.

Parenthood's ErikaChristensen, 35, is expecting her

second child with her husband **Cole Maness**, 39. The couple

are also parents to daughter **Shane**, 23 months.

WEDDINGS

Orange is the New Black's Laura Prepon, 38, and Hostiles actor



Ben Foster, 37, announced on June 2 that they have tied the knot. The couple welcomed their first child, daughter **Ella**, in August 2017.

SPLITS

Southern Charm New Orleans' **Reagan**, 30, and **Jeff Charleston**, 35, have revealed they have split after six years of marriage.

LEGAL

Titanic actor Mark Chapman (he played the officer who Rose finds dead before she uses his whistle to alert a lifeboat), 64, has been arrested over an alleged assault of his girlfriend Tara Pirnia.

DIED

Prolific Australian TV and film writer **Tony Morphett** died on June 2 in the Blue Mountains, NSW. He was 80. His writing credits include The Sullivans, A Country Practice, Blue Heelers and A Place to Call *Home.* He also co-wrote Peter Weir's 1977 film The Last Wave. • Hugh Dane, the actor who played Hank the security guard in the US version of The Office, has died. He was 75. Former Deadliest Catch captain Blake Painter, 38, was found dead in his Oregon home on May 25, Police are investigating but do not suspect foul play.

"I really can't even tell you what's going

tell you what's going on with anything in the world but I can give you every single episode of PAW Patrol and who's in it and what the plot is."

Jimmy Fallon and his preschool daughters share a TV obsession.

"When I was 14, my face looked like a potato and a chipmunk had a baby and it was me."

Anne Hathaway had an awkward stage.

"Whenever my kids ask me to find something, they're like, 'Mom, where's my ...' you know, backpack, toothbrush, whatever. I just say, 'Up your butt,' and that's probably bad parenting."

Jessica Alba shares her **◀** parenting secrets.



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